

# For nurses, by nurses.

CONFIDENTIAL PEER SUPPORT.



[www.nurse2nurseNJ.com](http://www.nurse2nurseNJ.com) | 1-844-687-7301 | M-F • 8 am – 8 pm

To care for others, you need to take care of yourself.

Nurse2Nurse provides confidential, compassionate peer support services from active and retired nurses – professionals who have walked in your shoes. We provide one-on-one support, wellness webinars, virtual support groups and more.

Let's connect – in whatever way works best for you:

- Visit the Nurse2Nurse website [www.nurse2nursenj.com](http://www.nurse2nursenj.com)
- Call the toll-free number, 844-687-7301, staffed by nurse peer support counselors Monday-Friday from 8 a.m. to 8 p.m.
- Request an online chat, email or return call at [nurse2nurseNJ.com/talk-to-us](http://nurse2nurseNJ.com/talk-to-us).



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*Nurse2Nurse is not affiliated with any healthcare system or nursing organization. This program is a safe and confidential space for nurses to receive supportive care from fellow nurses.*

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