



Maternal & Child Health Resource Collection

NJHA has assembled this compendium of harm reduction resource links to support New Jersey providers.

Academy of Breastfeeding Medicine

ABM Clinical Protocol #21: Guidelines for Breastfeeding and Substance Use or Substance Use Disorder, Revised 2015

<https://abm.memberclicks.net/assets/DOCUMENTS/PROTOCOLS/21-drug-dependency-protocol-english.pdf>

ACOG COMMITTEE OPINION

Opioid Use and Opioid Use Disorder in Pregnancy ([acog.org](https://www.acog.org))

Agency for Healthcare Research and Quality

Ways to Approach the Quality Improvement Process

Focus on Microsystems; Understanding and Implementing the Improvement Cycle; An Overview of Improvement Models; Tools to Enhance Quality Improvement Initiatives

<https://www.ahrq.gov/cahps/quality-improvement/improvement-guide/4-approach-qi-process/index.html>

Alabama Perinatal Quality Collaborative

Neonatal Opioid Withdrawal Syndrome Initiative: Hospital Team Toolkit

<https://www.alpqc.org/initiatives/nows/>

American Academy of Pediatrics – HealthyChildren.org

Abusive Head Trauma: How to Protect Your Baby

<https://www.healthychildren.org/English/safety-prevention/at-home/Pages/Abusive-Head-Trauma-Shaken-Baby-Syndrome.aspx>



American Academy of Pediatrics

Neonatal Opioid Withdrawal Syndrome

<https://pediatrics.aappublications.org/content/pediatrics/early/2020/10/10/peds.2020-029074.full.pdf>

American Society of Addiction Medicine

ASAM Criteria

<https://www.asam.org/asam-criteria>

California Medication Assisted Treatment Expansion Project

https://www.rcorp-ta.org/sites/default/files/2020-06/all_best_practices_2020-05-06.pdf

CHoSEN Collaborative

Colorado Perinatal Substance Use Provider Toolkit

<https://www.chosencollaborative.org/toolkit.html>

Council on Patient Safety in Women's Health Care

Patient Safety Bundle: Obstetric Care for Women with Opioid Use Disorder

[3a-ObstetricCareforWomenwithOpioidUseDisorder_PatientSafetyBundle.pdf](#) (partnershiphp.org)

Council of State and Territorial Epidemiologists

Neonatal Abstinence Syndrome: Environmental Scan and Key Informant Interview Analysis Report

https://cdn.ymaws.com/www.cste.org/resource/resmgr/pdfs/pdfs2/NAS_Environmental_Scan_Report.pdf



Florida Neonatal Abstinence Syndrome (NAS) Tool Kit: A Quality Improvement Initiative

<https://health.usf.edu/publichealth/chiles/fpqc/nas/~media/E2C3217B2EB1416AAD0891069D-AE5E38.ashx>

Feeding Infants with Neonatal Abstinence Syndrome: Finding the Sweet Spot

<http://www.academyofneonatalnursing.org/NAS/FeedingInfants.pdf>

HRSA's Home Visiting Program: Supporting Families Impacted by Opioid Use and Neonatal Abstinence Syndrome

<https://mchb.hrsa.gov/sites/default/files/mchb/MaternalChildHealthInitiatives/HomeVisiting/MIECHV-Opioid-NAS-Resource.pdf>

Illinois Department of Public Health

Neonatal Abstinence Syndrome: Reports and Resources

<https://www.dph.illinois.gov/topics-services/prevention-wellness/prescription-opioids-and-heroin/neonatal-abstinence-syndrome>

Institute for Health and Recovery

Massachusetts Perinatal Quality Collaborative: Maternal Opioid Use During Pregnancy

<http://www.healthrecovery.org/maternal-opioid-use/>

Institute for Healthcare Improvement

A Framework for Spread: From Local Improvements to System-Wide Change

<http://www.ihl.org/resources/Pages/IHIWhitePapers/AFrameworkforSpreadWhitePaper.aspx>

Institute for Healthcare Improvement

Science of Improvement: Establishing Measures
<http://www.ihl.org/resources/Pages/HowtoImprove/ScienceofImprovementEstablishingMeasures.aspx>

Maine Department of Health and Human Services

The Snuggle ME Guidelines: Tools for Caring for Women with Addiction and Their Babies
[SnuggleME 2018 Guidelines FINAL.pdf \(maine.gov\)](#)

March of Dimes

Neonatal Abstinence Syndrome (NAS)
[https://www.marchofdimes.org/complications/neonatal-abstinence-syndrome-\(nas\).aspx](https://www.marchofdimes.org/complications/neonatal-abstinence-syndrome-(nas).aspx)

National Partnership for Maternal Safety: Consensus Bundle on Obstetric Care for Women with Opioid Use Disorder

[Consensus Bundle on Obstetric Care for Women with OUD \(astho.org\)](#)

Neonatal Quality Improvement Collaborative of Massachusetts

<https://www.neoqicma.org/>

Neonatal Quality Improvement Collaborative of Massachusetts

Eat, Sleep, Console NAS Care Tool
<https://www.neoqicma.org/eat-sleep-console>

North Carolina Pregnancy & Opioid Exposure Project

North Carolina Guidelines: Medication Assisted Treatment (MAT) in Pregnancy
<https://ncpoep.org/guidance-document/north-carolina-guidelines-medication-assisted-treatment-mat-in-pregnancy/>

Northern New England Perinatal Quality Improvement Network

[NNEPQIN_Toolkit_final.pdf](#)

Oklahoma Perinatal Quality Improvement Collaborative

Mothers and Newborns Affected by Opioids
[Maternal Resources \(opqic.org\)](#)

Ohio Perinatal Quality Collaborative

Are You in Treatment or Recovery? Thinking About Birth Control
https://static1.squarespace.com/static/5e8f4e2a4eaf8154a7c9c939/t/5f848a70893da52a8b-cf688f/1602521715079/opqc_nas_patient_brochure_06.pdf

Ohio Perinatal Quality Collaborative

MOMS+ Project: Key Driver Diagram
<https://static1.squarespace.com/static/5e8f4e2a4eaf8154a7c9c939/t/5f848a0f113c035ba314cf52/1602521615324/OPQC+MOMS%2B+KDD.pdf>

Ohio Perinatal Quality Collaborative

Neonatal Abstinence Syndrome: A Guide for Families
https://static1.squarespace.com/static/5e8f4e2a4eaf8154a7c9c939/t/5f848ab8d2b489256ec7f36e/1602521791456/opqc_nas_parent_guide_092914.pdf

Ohio Perinatal Quality Collaborative

PAUSE Before You Prescribe

https://static1.squarespace.com/static/5e8f4e2a4eaf8154a7c9c939/t/5f848a3d22c3b33e5169d7a3/1602521662832/OPQC-NAS_Provider_Handout-03-b+%2800000002%29.pdf

Pregnancy and Opioid Exposure: Guidance for North Carolina

<https://ncpoep.org/guidance-document/>

State Strategies to Address Opioid Use Disorder Among Pregnant and Postpartum Women and Infants Prenatally Exposed to Substances, Including Infants with Neonatal Abstinence Syndrome

<https://www.cdc.gov/mmwr/volumes/68/wr/mm6836a1.htm>

Substance Abuse and Mental Health Services Administration

Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants

<https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf>

Substance Abuse and Mental Health Services Administration Practice and Policy Considerations for Child Welfare, Collaborating Medical, and Service Providers

https://ncsacw.samhsa.gov/files/Collaborative_Approach_508.pdf

Substance Abuse Treatment: Addressing the Specific Needs of Women. A TREATMENT IMPROVEMENT PROTOCOL – TIP 51

<https://store.samhsa.gov/sites/default/files/d7/priv/sma15-4426.pdf>

Sudden Infant Death Syndrome Center of New Jersey

Infant Safe Sleep Checklist

<https://rwjms.rutgers.edu/documents/departments/Sids/InfantSafeSleepChecklist.pdf>

Sudden Infant Death Syndrome Center of New Jersey

Discussing the American Academy of Pediatrics Safe Infant Sleep Guidelines with Parents

<https://rwjms.rutgers.edu/documents/departments/Sids/GuideforNursesforParentEducation.pdf>

Utah Women and Newborns Quality Collaborative

Strategies to Improve Care for Infants with Neonatal Drug Withdrawal

[Strategies-to-Improve-Care-for-Infants-with-Neonatal-Drug-Withdrawal-A-Resource-Guide-for-Utah-Practitioners.pdf](#)

Vermont Buprenorphine Practice Guidelines

http://contentmanager.med.uvm.edu/docs/default-source/vchip-documents/vchip_2buprenorphine_guidelines.pdf?sfvrsn=2

Wisconsin Psychiatric Institute and Clinics

WISPIC: Policy to Develop a Standardized Approach to the Management of Infants with NAS

<https://wispiqc.org/wp-content/uploads/HSHSSt.Vincent.pdf>

Tennessee Initiative for Perinatal Quality Care

Opioid Use Disorder: Optimizing Obstetric and Neo- natal Care

[Tennessee Initiative for Perinatal Quality Care Partnership Spotlight | UnitedHealthcare Community & State \(uhccommunityandstate.com\)](#)



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Engagement of mothers, partners and their loved ones is central to promoting healthy support mechanisms. The power of that engagement helps the healthcare community understand what is important and necessary when designing systems of care in a meaningful, sustainable way.

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Disclaimer

The content herein should not be considered as an exclusive direction of action or serve as the standard of medical or obstetric care. This consensus guidance is considered a resource for health systems, hospitals and providers. Readers should adapt the guidelines and resources based on their organization's level of care, population served and resources available. As a living document it is the intent of the authors to make available additional resources, guidelines and protocols published or otherwise available to the public.