



## *Breakfast Selections*

### **THE HOT BREAKFAST BUFFET**

Scrambled eggs, pancakes or french toast, sausage, bacon, home fried potatoes plus  
 The Deluxe Continental

*\$15.35 per person*

### **THE CONTINENTAL**

Regular and low-fat muffins, variety of fresh-baked scones and bagels with cream cheese  
 and butter

■ Freshly Brewed Coffee

*\$6.35 per person*

### **THE DELUXE CONTINENTAL**

The Continental breakfast served with seasonal fresh cut fruit and chilled juices

*\$10.30 per person*

### **HOT BREAKFAST SANDWICHES**

Egg and cheese, pork roll egg and cheese, sausage egg and cheese sandwiches on a  
 croissant or english muffin

■ Freshly Brewed Coffee

*\$9.35 per person*

### **THE SNACK PACKAGE**

Otis Spunkmeyer cookies, seasonal fresh cut fruit, canned soda and chilled juices

*\$7.20 per person*

### **ADDITIONAL SNACKS**

Vegetable Crudites .....	\$3.60 per person
Fresh Cut Fruit .....	\$4.05 per person
Otis Spunkmeyer Cookies (2) .....	\$2.35 per person
Cheese and Cracker Tray .....	\$3.95 per person
Hot Pretzels (Plain) .....	\$2.10 per person
Yogurt (plain, low fat strawberry, vanilla, peach, blueberry) .....	\$1.50 per person
Granola Bars (Oat and nuts, sweet and salty nut, chocolate nut) .....	\$1.85 per person
Artichoke Dip (served with crackers and toasted bread) .....	\$3.60 per person
Canned Soda/Bottled Water .....	\$1.95 per person
Chilled Juices .....	\$1.95 per person
Coffee Service .....	\$1.95 per person

*All food and beverages will be cleared one-half hour before the scheduled end of meeting*



## *Deli Choices*

- Signature salads available for an additional \$2.30 per person, refer to list
- Caesar salad available on request in place of two regular salad choices
- Standard salad options include macaroni salad, potato salad, cole slaw, pasta primavera, green salad or roasted vegetables

*Add grilled chicken for an additional \$1.30 per person*

## THE PANINI COLLECTION

An assortment of our signature combination sandwiches served on french baguettes, accompanied by:

- Freshly prepared salads (3)
- Kosher pickles, relish and sliced peppers
- Chilled cans of assorted soda and bottled water
- Freshly baked Otis Spunkmeyer cookies

*\$16.75 per person*

## RAPPZ-ODY AT LUNCH

Collection of tortilla sandwiches with a variety of our signature fillings. Served with:

- Freshly prepared salads (3)
- Kosher pickles, relish and sliced peppers
- Chilled cans of assorted soda and bottled water
- Freshly baked Otis Spunkmeyer cookies

*\$15.75 per person*

## THE STACKED PLATTER

A variety of lunch meats and cheeses piled high on a platter with a tuna salad centerpiece. Served with:

- Kaiser rolls, rye bread, a relish tray and condiments
- Kosher pickles, relish and sliced peppers
- Freshly prepared salads (3)
- Chilled cans of assorted soda and bottled water
- Freshly baked Otis Spunkmeyer cookies

*\$15.75 per person*





## Entree Selections

All hot luncheons include antipasto/salad bar, fresh baked breads and butter, cookies, hot bread pudding, soda, juice, iced tea and Crystal Light. All items include freshly steamed vegetables, starch and choice of Cavatappi Primavera or Penne a la Vodka or Linguini Marinara.

### CHICKEN

- CHICKEN STIR FRY – Soy and ginger sauce with oriental vegetables
- CALIFORNIA STYLE CHICKEN – White wine sauce with artichoke hearts and peeled tomatoes
- CHICKEN PICCATA – Lemon caper butter sauce with white wine
- CHICKEN DEL SOL – Sun-dried tomato and asparagus sauce
- CHICKEN MARSALA – Marsala wine sauce with sauteed mushrooms
- GARLIC ROASTED CHICKEN – browned in olive oil and garlic; roasted in rosemary
- PESTO BAKED CHICKEN – Creamy pesto sauce with fresh basil
- CHICKEN PARMESAN – Breaded chicken breast topped with mozzarella and tomato sauce
- WISCONSIN STYLE CHICKEN BREAST – Light cream sauce topped with melted cheddar cheese and diced onion and red peppers
- BAKED CHICKEN QUARTERS – Breast and wing pieces of chicken prepared with your choice of BBQ sauce, Caribbean Jerk seasoning or Montreal chicken seasoning
- DIJON CHICKEN FLORENTINE – Dijon mustard sauce with fresh chopped spinach and caramelized onions
- ~ CHICKEN SALTIMBOCCA – Topped with thin sliced prosciutto (ham), fresh spinach and Swiss cheese with Madeira sauce. Also available without prosciutto
- ORANGE GINGER GRILLED CHICKEN BREAST – grilled with a orange ginger honey marinade
- CHARBROILED MARINATED CHICKEN TENDERS – Glazed with soy, ginger, garlic and chives
- CHICKEN TERIYAKI – Marinated in soy sauce, honey and ginger topped with Asian seasoning

### BEEF & PORK

- BEEF STIR FRY – Soy and ginger sauces with a variety of oriental vegetables
- ~ MONTREAL SEARED FLANK STEAK – Marinated grilled flank steak served over toast points with a light au jus sprinkled with Montreal seasoning
- CONFETTI STUFFED PORK LOIN – Shredded vegetable stuffing with rich pork gravy
- SAUSAGE AND PEPPERS – Hot or mild sausage
- MEATBALLS, PASTA AND MARINARA – Your choice of penne, spaghetti or fusilli (corkscrew) pasta served with zesty marinara and homemade meatballs on the side
- SAUTÉED PORK MEDALLIONS WITH SHERRY SAUCE – Tender center cuts of pork loin dipped in a Dijon coating and topped with Sherry sauce and sautéed balsamic fresh mushrooms
- ~ FILET MIGNON – fresh herb rubbed
- ~ PRIME RIB ROAST – Coated with mustard garlic sauce and marinated in Au Jous sauce
- ~ SIRLOIN STEAK – coated with mustard shallot sauce, pepper, and fresh lemon juice

Please add an additional \$1.65 per person for those entrees marked with this symbol ~



## SEAFOOD

- ~ BAKED SALMON FILLET – *White wine sauce with fresh dill*
- FLOUNDER FRANCAISE – *Lightly coated in a lemon butter sauce*
- BAKED STUFFED SOLE – *Rolled and filled with crabmeat stuffing*
- COCONUT CRUSTED TILAPIA – *Coated with toasted coconut and diced mango*
- LEMON GARLIC TROUT, FLOUNDER OR TILAPIA – *broiled in lemon juice, seasoned with Old Bay, garlic and parsley*
- SHRIMP STIR FRY – *Tender shrimp and crisp vegetables flavored with a garlic and ginger sauces*

## PASTA

- PENNE A LA VODKA – *Vodka sauce served with fresh tomatoes and parmesan*
- CAVATAPPI PRIMAVERA – *Light cream sauce with fresh cut vegetables*
- ~ CAVATELLI, SHRIMP AND BROCCOLI – *Scampi sauce with fresh garlic and crushed pepper*
- CHEESE RAVIOLI – *Marinated in homemade sauce or lemon basil butter sauce*
- TORTELLINI PROVENCAL – *Pasta tossed with chunks of plum tomato, onion and basil*
- MACARONI AND CHEESE – *homemade with low fat reduced sauce*
- BAKED ZITI – *fresh mozzarella, ricotta and Parmesan cheese*

## VEGETARIAN

- STUFFED SHELLS – *Large pasta shells stuffed with a combination of ricotta cheese, parmesan cheese and parsley. Topped with chunky marinara and mozzarella cheese*
- EGGPLANT ROLLATINI – *Breaded eggplant stuffed with ricotta cheese and topped with hearty marinara and mozzarella cheese*
- BAKED MANICOTTI – *Pasta stuffed with ricotta and topped with shredded provolone cheese and tomato sauce*
- VEGETABLE LASAGNA – *Assorted vegetables layered with pasta and topped with a cream sauce*
- FOUR CHEESE MUSHROOM ZITI – *baked with Southwest seasoning*

## HEALTHY CHOICES

- ~ GRILLED TUNA STEAK – *Tuna marinated overnight and grilled to order*
- CHICKEN SORRITA – *Spicy wine sauce with mushrooms, onions and diced green peppers*
- CHICKEN BREAST CACCIATORE – *Lightly floured chicken breast topped with peppers, onions, sauteed mushrooms and marinara*
- FALAFEL SANDWICH OR SALAD – *Tahini sauce with chick peas seasoned with scallions, parsley and cumin served in pita shells*

One Entree Luncheon — \$20.50

Two Entree Luncheon — \$23.95

Three Entree Luncheon — \$27.95

*Kosher meals, gluten free, and meatless options are available with advance notice. Please contact staff regarding pricing.*

ADD SOUPS DU JOUR SERVICE – \$2.15  
*(one vegetarian, one non vegetarian soup)*

ADD ASSORTED CAKES & PIES – \$2.15  
*Regular luncheon served with cookies and bread pudding*

~ Please add an additional \$1.65 per person for these entrees





### *The Working Lunch*

**T**reat your 10 or more attendees to a hot lunch while maintaining a captive audience in one of our conference rooms. We will now deliver hot lunch to your room in chafing dishes. Choose any of the Hot Luncheon Options off of our menu, or try one of these:

*CHICKEN QUESADILLAS – served with salsa and sour cream with dirty rice and red beans and cut corn mexicana*

*FRENCH DIP ROAST BEEF – hot sliced roast beef au jus served with warm French baguettes with a side of potatoes au gratin and steamed broccoli*

*HOT MEATBALL SANDWICHES – homemade meatballs prepared in zesty marinara, served on a hoagie roll with a side of Penne Pasta and Parmesan cheese and fresh mixed vegetables*

*BROCCOLI QUICHE – served with rosemary roasted potatoes and fresh sliced carrots with dill*

*PHILADELPHIA OR CHICKEN CHEESESTEAK – served on a 7" hoagie roll with peppers and onions and seasoned french fries*

*ITALIAN SAUSAGE AND PEPPERS HOAGIES – grilled sausage (hot or mild) served on a hoagie roll with peppers and onions on the side*

*PULLED PORK BARBEQUE SANDWICHES – served with homemade cole slaw on fresh Kaiser roll*

*FLANK STEAK HOAGIE – served on hoagie roll topped with Pepper Jack cheese*

*MEAT LASAGNA – homemade pasta with four cheeses prepared with ground beef or turkey*

*\$19.75 per person – Includes your choice of tossed or Caesar salad, dinner rolls/butter, Otis Cookies and beverages.*



## Signature Salad List

**GRILLED BALSAMIC VEGETABLES** – Zucchini, squash, peppers, carrots and onions grilled with olive oil, rosemary, oregano and basil. Tossed with balsamic vinegar.

**TUNA & PASTA PUTANESCA** – Capers and black olives tossed with dijonaise, tuna and pasta.

**FRESH CUT FRUIT** – Watermelon, cantaloupe and pineapple.

**CUCUMBER & APPLE WALDORF** – Diced cucumbers and apples tossed with raisins, walnuts, mayonnaise and vinegar.

**TOMATO, FRESH BASIL, AND MOZZARELLA** – Tomato wedges, chopped fresh basil and wet mozzarella coated with oil and vinegar.

**MARINATED GREEN BEANS WITH TOASTED WALNUTS** – Green beans marinated in red wine vinegar with onions and red peppers, topped with toasted walnuts.

**CHEESE TORTELLINI WITH RANCH DRESSING** – Tri-colored cheese tortellini tossed with ranch dressing with diced red and green peppers.

**ROASTED PEPPERS, GRILLED ONION, AND**

**PROVOLONE** – Red peppers roasted on the open grill and marinated in balsamic vinegar, mixed with grilled onions and triangles of provolone.

**FRESH SPINACH & WALNUTS WITH ORANGE**

**VINAIGRETTE** – Fresh spinach tossed with orange wedges and toasted walnuts topped with fresh orange vinaigrette.

**TOMATO OREGANATO** – Tomato wedges, pepperoncini, onion and olives tossed with oil, vinegar, basil and oregano.

**MUSHROOM LO MEIN** – Thin pasta marinated in soy ginger and garlic, topped with sauteed mushrooms, onions and peppers.

**ANTIPASTO** – Ham, salami, provolone, pepperoncini, cauliflower, onion and peppers mixed together with Italian dressing.

**NEW POTATO WITH FRESH DILL** – Steamed new potatoes diced and tossed with hard boiled eggs, onion, dijonaise, peppers and fresh dill.

**ORIENTAL SESAME NOODLE** – Wide noodles tossed in teriyaki and mixed with toasted sesame seeds, snow peas and onions.

**CREAMY DILL & CUCUMBER SALAD** – Peeled and diced cucumbers and onions, tossed with sour cream, vinegar and dried dill leaves.

**MARINATED PASTA PRIMAVERA** – Rotini pasta marinated in Italian dressing tossed with broccoli, carrots, onions and peppers.

**MARINATED MUSHROOMS** – Mushrooms marinated in red wine vinegar, olive oil and garlic, topped with diced red peppers and onions.

**ORZO AND GARBANZO** – Orzo pasta tossed with curry powder, chickpeas and scallions, topped with seasoned honey dijon dressing.

**CAESAR SALAD** – A classic combination of Romaine lettuce, parmesan cheese, crunchy croutons, grilled chicken and creamy Caesar dressing

**MEDITERRANEAN SALAD** – Romaine lettuce with chopped green pepper, tomato, cucumber, red onion, kalamata olives topped with crumbly feta cheese

**GARDEN SALAD** – Spring mix of Arugula, spinach, iceberg and romaine lettuce mixed with English cucumber, cherry tomatoes and red onion

**QUINOA SALAD** – Black beans, olive oil, lime, cilantro juice, cumin tomatoes and green onions