# **EOL** Webinar

These Educational Webinars have "Enduring CME credits" And are valid from May 28, 2019 – June 30, 2019



These webinars will fulfill one of the two End of Life (EOL) CME credits for Physician licensure.

**EDU 1959W** 

FEE: \$29 pp per webinar

Webinar 1 | Redefining Hope: Communication in Serious Illness

### **OVERVIEW:**

End-of-life care is the term used to describe the support and medical care given during the time surrounding death. Such care does not happen only in the moments before breathing ceases and the heart stops beating. Older people live with one or more chronic illnesses and need a lot of care for days, weeks, and even months before death.

### **FACULTY: Amy Frieman, MD**

Dr. Amy Frieman is the Corporate Medical Director of Palliative Care Services for the legacy Meridian Health System, part of the Hackensack Meridian Health (HMH) in New Jersey. Dr. Frieman attended medical school at the University of Missouri in Kansas City where she graduated in 2000 with highest honors. She went on to complete her internship and residency in Internal Medicine at The Mount Sinai Hospital in New York City. Following completion of her residency, Dr. Frieman remained on the faculty Mount Sinai where she later obtained Board Certification in Hospice and Palliative Medicine.

### Webinar 2 | End of Life Care: What Providers Need to Know

# **OVERVIEW:**

Palliative care is a multidisciplinary approach to specialized medical care for people with lifelimiting illnesses. It focuses on providing people with relief from the symptoms, pain, physical stress, and the mental stress of the terminal diagnosis. The goal of such therapy is to improve quality of life for both the person and their family. Evidence as of 2016 supports improvement in quality of life elements of palliative care.



# FACULTY: Jessica L. Israel, MD

Dr. Israel is the Corporate Chair of Geriatrics and Palliative Care at RWJ Barnabas Health and the Corporate Director of the James and Sharon Maida Geriatrics Institute at RWJ Barnabas Health.

Dr. Israel completed her medical school training at The Mount Sinai School of Medicine in New York, NY. She completed an internship and residency in internal medicine as well as a fellowship in Geriatrics and Adult Development at the Mount Sinai Medical Center in New York. She is the co-author of the textbook "Medicine: A Competency Based Companion", and has been a contributing writer to the New York Times. Her areas of clinical interest include geriatrics, dementia and behavioral management, palliative care, end of life care and doctor-patient communication.

### **TARGET AUDIENCE:**

Physicians, advanced care practice nurses, nurses

### **CONTINUING EDUCATION CREDITS:**

## **Medical Society of New Jersey Accreditation Statement:**

This activity has been planed and implemented in accordance with the accreditation requirements and policies of the Medical Society of New Jersey (MSNJ) and the Health Research and Educational Trust of New Jersey (HRET). HRET is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

HRET designates this live activity for <u>1.0 AMA PRA Category 1 Credits</u><sup>TM</sup>. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

NURSES CONTACT HOURS: NJ Board of Nursing (NJAC13:37-5.3) states: "A registered professional nurse or licensed practical nurse may obtain continuing education hours from the following: (d)3. Successful completion of continuing medical education courses recognized by the American Medical Association, the American Osteopathic Association or the American Podiatric Medical Association: one hour for each 60 minutes of attendance" therefore, CME credits obtained today may be used in place of nursing contact hours.

**<u>DISCLOSURE INFORMATION</u>**: Full disclosure will be provided at the educational activity.

### **REFERENCES:**

- 1. Meier, D, Bowman, B, et al. Palliative Care in the Home, A Guide to Program Design. New York. Center to Advance Palliative Care, 2016. **Frieman, A**.: Contributing Author.
- 2. Chai E, Meier DE, Morris J. Geriatric Palliative Care, A. Practical Guide for Clinicians. New York. Oxford University Press, 2014. **Frieman, A**: Contributing Author, Section: Headache.
- 3. Geographic Distribution of Stimulant Abusers: An Initial Evaluation (abstract). Journal of Clinical Toxicology. 1998; 36(5): 504. Watson W, Steel M, **Porter (Frieman)** A, Kuo K, et al.
- 4. The Differences in Stimulant Abuse ED Presentation: Methamphetamine and Cocaine (abstract). Journal of Clinical Toxicology. 1998; 36(5): 504. Watson W, Kuo K, **Porter** (**Frieman**) **A**, Burtner J, et al.

