

## **Preventing Patient Falls in Hospitals Through Implementations and Adoption of an Evidence-based Program: Fall TIPS**

April 19, 2018 | NJHA Conference and Event Center, 760 Alexander Rd., Princeton, N.J. 08540

**Registration** | 8:30 a.m.

**Fee** | Member/Non-member: Free

**Program** | 9 a.m. – 3:30 p.m.

Optional Lunch: \$30

**Seminar** | EDU 1808

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### **OVERVIEW:**

Regardless of the care setting, the fragile nature of an elderly individual significantly increases the risk for falls or falls with serious injury or disability. Individuals moving from one level of care to another experience changes in level of need based on diagnoses, co-morbid conditions, response to treatment or the natural changes related to the aging process. Providers are faced with the challenge of designing effective risk-assessment mechanisms, establishing follow-up protocols, implementing policies and practices, and educating staff, patients and residents in a way that meets the needs of the communities they serve.

This full day workshop led by Patricia Dykes PhD, RN, RAAN, FACMI, Associate Professor of medicine at Harvard Medical School and senior nurse scientist and program director of nursing research at the Center for Nursing Excellence at Brigham and Woman's Hospital, and her team will report out on the progress with Dr. Dykes' evidence-based Fall TIPS implementation plan. Teams that attend will also discuss strategies, tools, and tactics for sustaining the Fall TIPS program and benefits at their sites. The collaborative will have a chance to develop and report out a project plan for addressing gaps.

### **TOPICS FOR THE CONFERENCE WILL INCLUDE:**

1. Review progress with implementing Fall TIPS in New Jersey hospitals.
2. Discuss lessons learned from implementation and recommendations for other organizations interested in implementing Fall TIPS based on these lessons
3. Identify three strategies for building a sustained the Fall TIPS program at your organization.
4. Discuss strategies for using the Fall TIPS program as an opportunity for clinical nurses to lead improvement on their units using evidence-based practice.

### **LEARNER OUTCOME:**

The learner will have a comprehensive understanding of assessing for fall risk and of how to design a patient-specific fall and be able to identify three strategies for building a sustained the Fall TIPS program transferable to their organization.

Successful completion of the course is defined as in-person attendance for 95% of the didactic learning session, completing a pre and post knowledge based test and a complete course evaluation.

### **TARGET AUDIENCE:**

Nurses, quality managers fall committee members/teams, post-acute facilities, rehabilitation healthcare providers, public health professionals. SEATING LIMITED.

**New Jersey State Nurses Association Accreditation Statement**

Health Research and Educational Trust is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number P131-1/15-18.

This activity provides **5.75** contact hours.

There are no conflicts of interest, sponsorship or financial/commercial support being supplied for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's Commission on Accreditation of any commercial products displayed in conjunction with an activity.

**Nursing Home Administrators Licensing Board Statement:**

This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) education credits accepted by the Nursing Home Administrators Licensing Board. This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for **5.75** LNHA/CALA credits.

**American College of Healthcare Executives:** *Credits pending*

As an independent chartered Chapter of the American College of Healthcare Executives, the ACHE - NJ is authorized to award **0.0** hours of ACHE Qualified Education credit toward advancement or recertification in the American College of Healthcare Executives.

Participants in this program who wish to have it considered for ACHE Qualified Education credit should list their attendance when they apply to the American College of Healthcare Executives for advancement or recertification.

**DISCLOSURE INFORMATION:**

Full disclosure will be provided at the educational activity.

# **Preventing Patient Falls in Hospital through Implementations and Adoption of Evidence-based Program: Fall TIPS**

**April 19, 2018**

## **AGENDA**

- 8:30 a.m.      *Registration*
- 9 a.m.          **Welcome/Introductions**
- Complete pre workshop knowledge assessment
- 10 a.m.        **Participant Report out on progress with Fall TIPS implementation**
- Implementation (scope/scale), communication and sustainment strategy used, evaluation measures, lessons learned, next steps
- 11 a.m.        **Lessons learned discussion**
- Publication brainstorming/planning exercise
- 12 p.m.        *Lunch*
- 1 p.m.          **Strategies, tools, and tactics for sustaining Fall TIPS program at your site**
- Measures of success
  - Champion audits/peer coaching exercise
  - Ongoing strategy for assessing staff competency
  - Gap analysis exercise
- 2 p.m.          **Develop a project plan/Work breakdown structure (WBS) for addressing gaps**
- Report out on project plan
  - Discussion of Fall TIPS Collaborative
- 3 p.m.          **Wrap-up and next steps**
- Complete post workshop knowledge assessment
- 3:30            **Evaluation**
- 3:45 p.m.      *Adjournment*

## EDU 1808 – Falls TIPS (April 19, 2018)

**FEES | Free**

**Optional Lunch: \$30**

**Location:** NJHA Conference and Event Center

760 Alexander Road, Princeton, NJ 08540

**Directions:** [www.njha.com/directions.aspx](http://www.njha.com/directions.aspx)

**Guarantee** your seat now by paying for your registration online with a credit card. **It's secure and easy.**

Visit our website: [www.njha.com/education](http://www.njha.com/education)

### PAYING BY CHECK

Please fax your registration form prior to mailing with your payment.

A copy of the registration must accompany your check in order to allocate your payment properly.

**FAX:** 609-275-4271

**Make check payable to:** HBS

**Mail to:** HRET of NJ – P.O. Box 828691 – Philadelphia, PA 19182-8709

- For registration inquiries, please contact HRET at: [HRETEducation@njha.com](mailto:HRETEducation@njha.com) or 609-275-4181
- If you have a disability and need special accommodation, please call 609-275-4181
- **In the event of inclement weather, call 609-275-4140 before coming to the conference**

**Check All that Apply: Member** ☐

**Non-member** ☐

**Optional Lunch** ☐

### REGISTRATION

Name: \_\_\_\_\_

Designation/Credentials: \_\_\_\_\_ Job Title: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Organization: \_\_\_\_\_

Organization Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Method of Payment: Credit Card \_\_\_\_\_ Check \_\_\_\_\_

Payment Amount: \$ \_\_\_\_\_ Check# \_\_\_\_\_ Card#: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

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Signature: \_\_\_\_\_

Billing Address (if different from above): \_\_\_\_\_