

Youth Mental Health First Aid® For School Nurses

*Rutgers- Newark, School of Nursing,
180 University Avenue, Ackerson Hall, Room 205
Newark, New Jersey*

**REGISTER
NOW**

Two classes offered:

Nov. 18, 2017 *or* Dec. 2, 2017

Register for one class only.

8:00 a.m. – 4:30 p.m. (No late arrivals will be permitted.)

PROGRAM OVERVIEW:

Youth Mental Health First Aid® is the help offered to a young person experiencing a mental health challenge, mental disorder or a mental health crisis. The first aid is given until appropriate help is received or until the crisis resolves. Youth Mental Health First Aid® does not teach participants to diagnose or to provide treatment.

Program Objectives:

1. Increase knowledge of mental health and substance use disorder issues in youth and adolescents.
2. Enhance sensitivity to the prevalence of mental disorders in adolescent development, resiliency, and the spectrum of interventions.
3. Raise confidence to intervene and assist individuals experiencing a mental health issue by using a Mental Health First Aid Action Plan.

Learner Outcome:

After successfully completing the course, the learner will identify two potential risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, and substance use disorder.

Successful completion of the course is defined as in-person attendance for 95% of the didactic learning session and a completed course evaluation.

Target Audience: School Nurses

Accreditation Statements

New Jersey State Nurses Association Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the American Nurses Credentialing Center's Commission on Accreditation and New Jersey State Nurses Association through the joint providership of Health Research and Educational Trust and the Career Connection Employment Resource Institute (CCERI) Mental Health Association in New Jersey, Rutgers School of Nursing and New Jersey Nursing Initiative.

Health Research and Educational Trust is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number P131-1/15-18.

This activity provides **8.0** contact hours.

There are no conflicts of interest, sponsorship or financial/commercial support being supplied for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's Commission on Accreditation of any commercial products displayed in conjunction with an activity.

ACHE Credits: *Pending*

DISCLOSURE INFORMATION:

Full disclosure will be provided at the educational activity.

EDU 1757 – Youth Mental Health First Aid (Nov. 18th or Dec. 2nd, 2017)
FEES | Complimentary

Location: Rutgers- Newark, School of Nursing,
180 University Avenue, Ackerson Hall, Room 205, Newark, New Jersey

Guarantee your seat now by paying for your registration online with a credit card. **It's secure and easy.**

Click on the following link:
<http://hret-registration.njha.com>

- For registration inquiries, please contact HRET at: HRETEducation@njha.com or 609-275-4181
- If you have a disability and need special accommodation, please call 609-275-4181
- **In the event of inclement weather, call 609-275-4140 before coming to the conference**

REGISTRATION

Name: _____

Designation/Credentials: _____ Job Title: _____

Phone: _____ E-mail: _____

Organization: _____

Organization Address: _____

City, State, Zip: _____