



## UNITED HEALTH FOUNDATION®

### **Managing the Complexity of Veteran Health: Serving Those Who Have Served**

*New Jersey Hospital Association, Princeton, NJ*

**June 13, 2016**

<b>Registration:</b>	8 a.m.	<b>Location:</b>	NJHA Conference and Event Center
<b>Program:</b>	9 a.m. – 1 p.m.		760 Alexander Rd., Princeton, NJ
<b>Seminar No.:</b>	EDU 1660	<b>Fee:</b>	<i>Complimentary</i>

#### **Program Overview:**

According to the National Institutes of Health, military service members and Veterans face health issues differently than civilians. During combat, the main health concerns are life-threatening injuries, including head and brain injuries, and exposure to environmental hazards such as contaminated water, chemicals and infections. The stressors of being in combat combined with being separated from your family can put service members and Veterans at risk for mental health problems. These include anxiety, post-traumatic stress disorder (PTSD), substance abuse and depression which, in extreme circumstances, can lead to suicide.

This event is intended for providers across the healthcare continuum to engage in discussion with nationally recognized experts in the field of veteran and military affairs, medical care and mental health services to raise awareness of the unique cultural nuances of caring for these individuals.

#### **OBJECTIVES:**

1. Describe unique and generational issues facing veterans, active military personnel and their families and implications for civilians
2. Describe relevant screening tools and treatment options for mild Traumatic Brain Injury (TBI) and post-traumatic stress disorder (PTSD)
3. Describe risk factors relative to suicidal ideation in individuals who served in the United States military
4. Discuss veteran benefit eligibility and resource availability.

## **TARGET AUDIENCE:**

Physicians, nurses, nursing home administrators, assisted living administrators, quality improvement professionals, behavioral health professionals, home health and hospice professionals, PACE, public health professionals.

## **CONTINUING EDUCATION:**

### Accreditation Statement

HRET is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

### AMA Credit Designation Statement

HRET designates this live activity for a maximum of **3.75** *AMA PRA Category 1 Credits<sup>TM</sup>*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Health Research and Educational Trust is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number P131-1/15-18.

This activity provides **3.75** contact hours.

There are no conflicts of interest, sponsorship or financial/commercial support being supplied for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's Commission on Accreditation of any commercial products displayed in conjunction with an activity.

**DISCLOSURE INFORMATION:** Full disclosure will be provided at the educational activity.

This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) continuing education credits accepted by the Nursing Home Administrators Licensing Board. This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for **3.75** LNHA/CALA credits.

HRET has been approved by the New Jersey Department of Health as a provider of New Jersey Public Health Continuing Education Contact Hours (CEs). Participants who successfully complete this educational program will be awarded **4.0** New Jersey Public Health Continuing Education Contact Hours (CEs).

Application for pharmacy credits has been submitted to the N.J. Board of Pharmacy. (*Credits pending.*)

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## **AGENDA**

9 a.m.           **Welcome and Opening Remarks**

*Elizabeth A. Ryan, Esq.*  
President and Chief Executive Officer  
*New Jersey Hospital Association*

9:15 a.m.       **Why Military Culture Matters**

*Maria Falca-Dodson*  
Major General, Retired  
*United States Air Force*

10 a.m.           **United Health Foundation Grant Award Announcement**

*Heather Cianfrocco*  
Chief Executive Officer, Northeast Region  
*UnitedHealthcare*

*Michael Cunniff*  
Adjutant General  
*New Jersey Department of Military and Veterans Affairs*

*U.S Representative Tom MacArthur*  
*New Jersey 3<sup>rd</sup> District*

*Hon. Kim Guadagno*  
Lieutenant Governor  
*State of New Jersey*

10:30 a.m.       **Mild TBI and PTSD: From Injury to Recovery**

*Monica Louise Clement, PhD*  
Clinical Assistant Professor  
*Rutgers, The State University of New Jersey*  
Neuropsychologist, Extended Care Service  
*New Jersey Department of Veterans Affairs*

*Program continues ...*

- 11:30 a.m.     **Care Transitions for Comprehensive Suicide Prevention  
in Health Care Systems**
- Adam Chu, MPH*  
Senior Project Associate, Health and Behavioral Health Initiatives  
Suicide Prevention Resource Center  
*Education Development Center, Inc.*
- 12:30 p.m.     **Navigating the VA System: Understanding Benefits  
and Wraparound Supports**
- Frank Quadrino*  
Outreach Manager  
*Veterans Health Administration at Lyons*
- 1 p.m.     *Networking Lunch and Special Guest Speaker*