



Comfort Matters™
Living Better with Dementia
New Jersey Hospital Association, Princeton, N.J.
Feb. 4, 2015

Registration: 8:30 – 9 a.m.
Program: 9 a.m. – 12 p.m.

Location: NJHA Conference and Event Center
760 Alexander Road, Princeton, N.J.

Fee: NJHA & LANJ Members: \$89 ea. | Non-members: \$119 ea.

New Jersey is among the top five states in the country that have been most successful in reducing the use of antipsychotic medications for nursing home residents with dementia over the last two years. Centers for Medicare and Medicaid Services has announced a goal of reducing the use of these drugs by another 25 percent in the next two years. For a high-performing state like NJ, this means we have to redouble our efforts and be even more innovative in our approaches to caring for residents with dementia. This program will introduce New Jersey providers to **Comfort Matters™**, an innovative approach developed through extensive research at Vermillion Cliffs, the center for moderate to advanced memory support at Beatitudes Campus in Arizona. The goal was to create a model program of best practices in dementia care that can be replicated and sustained to improve quality of care and quality of life, through a uniquely person-directed and staff-empowered approach.

OBJECTIVES:

1. Understand the evidence base for Comfort Matters™ and what the model does; and what it has accomplished
2. Identify needed changes in personal practice and organizational systems
3. Learn the core competencies of a comfort-focused approach to dementia care
4. Understand how to develop comfort-focused care plans, policies and procedures
5. Learn how three nursing homes implemented the Comfort Matters™ model for potential adaptation to other facilities.

TARGET AUDIENCE: Long term care administrators, directors of nursing and all department managers, quality improvement coordinators, business office staff and MDS coordinators.

CONTINUING EDUCATION CREDITS: This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) accepted by the Nursing Home Administrators Licensing Board. This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for 3.0 LNHA credits.

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AGENDA

8:30 a.m. *Registration and Continental Breakfast*

9:00 a.m. *Welcome & Introduction*

Theresa Edelstein

Vice President, Post-Acute Care Policy & Special Initiatives
New Jersey Hospital Association

9:15 a.m. **Comfort Matters™: Assumptions, What Comfort Matters™ Does**

- Changing Personal Practice & Organizational Systems
- Comfort Matters™ Key Concepts
- Comfort Key Competencies, “I” care plans, policies and procedures
- The Comfort Matters™ Model – Evolution and Outcomes

Ivan Hilton, MHA, FACHE

Director, Business Development
Comfort Matters™

Tena R. M. Alonzo, MA

Director, Education and Research
Comfort Matters™

11:00 a.m. **Adapting Comfort Matters™ for Three NYC Nursing Homes**

- Project Design
- Accomplishments
- Challenges
- Next Steps
- Funders

Ann Wyatt

Residential Care Policy and Strategy Consultant
Alzheimer’s Association, NYC Chapter

12:00 p.m. **Questions and answers, program evaluation and adjournment**

Registration Guidelines for 2015

PAYING BY CREDIT CARD

Guarantee your seat now by paying for your registration online with a credit card.
It's secure and easy.

Click on the following link:

<http://hret-registration.njha.com>

Note: For security purposes, please **DO NOT** mail credit card information with your security code to the P.O. Box. Save time and register online through our secure Web site.

PAYING BY CHECK

Please fax your registration prior to mailing with payment. Your registration will not be confirmed until your payment is received by HRET. A copy of the registration must accompany your check in order to allocate your payment properly.

FAX: 609-275-4271

Make check payable to: HRET of NJ

Mail to: HRET of NJ – P.O. Box 828691 – Philadelphia, PA 19182-8691

Payments by mail must be postmarked no later than Monday, Jan. 26, 2015

After Jan. 26, checks must be in-hand at the time of registration the day of the program.

HRET/NJHA staff reserve the right to refuse entrance if payment is not received in full at the time of registration.

CANCELLATION POLICY

- Cancellations received by Jan. 26 will receive a refund minus a \$50 administrative fee.
- No refunds will be issued after the deadline or for no-shows.
- Registrants unable to attend may send an alternate.

GENERAL INFORMATION

- **On-site registration:** NJHA will do its best to accommodate walk-ins, but cannot guarantee seating. Please call 609-275-4180 the day preceding a conference to inquire about availability. If NJHA can accommodate you, payment in full is due at the registration table via check or credit card. No exceptions.
- For program inquiries, please contact Nancy Winter at nwinter@njha.com
- For registration and payment inquiries, please contact Nancy Winter at nwinter@njha.com
- **In the event of inclement weather, call 609-275-4140 before coming to the conference.**
- For directions visit NJHA at: <http://www.njha.com/directions.aspx>
- Ample parking is available behind the conference center building.
- If you have a disability and need special accommodation, please call 609-275-4180.

Comfort Matters™ - Living Better with Dementia

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|----------------------------|---|
| Date: | Feb. 4, 2015 |
| Registration Start: | 8:30 a.m. |
| Program Start: | 9:00 a.m. |
| Location: | New Jersey Hospital Association 760 Alexander Road, Princeton, NJ 08540 |
| Fee: | <input type="checkbox"/> NJHA & LANJ members: \$89 ea. <input type="checkbox"/> Non-members: \$119 ea. |
| Seminar: | EDU 1513 |

REGISTRATION

(Please type or print clearly. Please copy form for additional registrants.)

Note: Your registration will not be complete until payment has been received.
Payment must be postmarked no later than Jan. 26, 2015

Credit Card Registration
To register by credit card, please click on the following link:
<http://hret-registration.njha.com>

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| Full Name: | | (EDU 1513) |
| Job Title: | Check Amount: \$ _____ | Check # |
| Degrees/Credentials (MD, RN, LNHA, etc.): | Organization: | |
| E-mail: | Organization Address: | |
| Phone Number: | City, State, Zip: | |
| Full Name: | | (EDU 1513) |
| Job Title: | Check Amount: \$ _____ | Check # |
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