

APPENDIX 5 SUPPORT SERVICES FOR COPING

Support services and other programs that meet the non-medical needs of cancer patients are important aspects of any treatment plan, for the patient and her family. Women who are diagnosed with cancer, may be overwhelmed with fears about dying, medical treatments, finances and changing roles at home and at work. These concerns can make people feel isolated, stressed and alone. Talking to others and sharing experiences can be very reassuring for cancer survivors, and research suggests that group participation increases post-treatment survival.

Below is a list of agencies that offer support services to cancer patients and their families. The first section includes national offices that can direct you to local resources. The second gives local phone numbers for agencies, by county.

NATIONAL SUPPORT GROUP HOTLINES

**AMERICAN CANCER SOCIETY
(SEE APPENDIX 4 FOR THE LIST
OF REGIONAL OFFICES)
800-ACS-2345 (227-2345)
www.cancer.org**

Provides cancer information and counseling, equipment and supplies, transportation assistance, financial aid for medications and links to other support groups in a geographical area. Reach to Recovery program provides support through specially trained breast cancer survivor volunteers.

**CAPITAL REGION ACTION
AGAINST BREAST CANCER
(CRAABI)
518-462-4472**

Provides a comprehensive support and education services to those affected by breast cancer.

**CANCER CARE, INC.
800-813-HOPE (4673)
www.cancercare.org**

Provides individual, family and group counseling (free of charge) to persons with a history of cancer. Financial assistance (for those who qualify) is available for home care, child-care, transportation to treatment and pain medication. There are several meeting locations in the state.

**CANCER HOPE NETWORK
SUPPORT GROUP
877-HOPE-NET (467-3638)
www.cancerhopenetwork.org**

Provides individuals undergoing cancer treatment and their families a visit with trained and certified volunteers who have survived similar treatment.

**CANCER INDEX
www.cancerindex.org/clinks4u.htm**

Online links to information on cancer pain and palliative care.

**LOOK GOOD...FEEL BETTER
800-395-LOOK (5665)
www.lookgoodfeelbetter.org**

Free, non-medical, brand-neutral, national public service program supported by corporate donors to help women offset appearance-related changes from cancer treatment. Three versions: Look Good...Feel Better, Luzca Bien...Siéntase Mejor, Look Good...Feel Better for Teens.

**NATIONAL ALLIANCE OF
BREAST CANCER
ORGANIZATIONS**
888-80-NABCO (806-2226)
www.nabco.org

Provides a listing of support groups by state.

**NATIONAL COALITION OF
CANCER SURVIVORS**
301-650-9127
www.cansearch.org

Offers information on employment and insurance issues, provides referrals to sources of support and information, produces publications on survivorship issues and advocates on behalf of cancer survivors before Congress and federal agencies.

**PHARMACEUTICAL
MANUFACTURERS PATIENT
ASSISTANCE PROGRAM**
800-762-4636

Links to "pharmaceutical hotlines" that have been set up by major pharmaceutical companies to help provide information about medications, assistance with insurance claim questions/appeals and financial help for indigent patients.

SISTERS NETWORK, INC.
www.sistersnetworkinc.org

National organization of African American breast cancer survivors.

**W.I.S.E. WOMEN'S
INTERNATIONAL SUPPORT
ENVIRONMENT SUPPORT
GROUP**
800-870-6616

**WOMEN AT RISK: BREAST
CANCER PROGRAM AT
COLUMBIA PRESBYTERIAN**
Consumer Referrals:
800-227-CPMC (2762)
Physicians: 800-543-2782 or
212-305-4993
www.breastmd.org/war/html

Provides support, information and weekly outreach to residents in the greater New York area (including all five boroughs, Westchester, Rockland, Suffolk, and Nassau counties, New Jersey and Connecticut).

Y-ME BREAST SUPPORT
800-221-2141
Spanish: 800-986-8228
Chicago: 312-986-8228
www.y-me.org

Provides information, 24-hour hotline counseling and educational programs for breast cancer patients, their families and friends.

COUNTY SUPPORT GROUPS

ATLANTIC COUNTY

**ATLANTIC CITY MEDICAL CENTER
BREAST CANCER SUPPORT
GROUP**
609-652-3500

GILDA'S CLUB - VENTNOR
609-348-4453

LOOK GOOD...FEEL BETTER
856-616-1650

**SHORE MEMORIAL HOSPITAL
CENTER FOR WOMEN'S
HEALTH BREAST CANCER
SUPPORT GROUP**
609-653-3772

BERGEN COUNTY

**AFTER BREAST CANCER
SURGERY**
201-666-6610, x.300
www.afterbcsurgery.org

BEYOND BREAST CANCER
*YWCA of Bergen County
Encore Plus Program*
201-487-4903

CANCER CARE, INC.
201-444-6630

**GILDA'S CLUB NORTHERN
NEW JERSEY**
201-457-1670

**HACKENSACK MEDICAL CENTER
BREAST CANCER SUPPORT
GROUPS**
201-996-5861

TALKING IT OVER
The Valley Hospital
201-447-8557

BURLINGTON COUNTY

BOSOM BUDDIES
609-953-7996

ELM LIFELINES
*Center for Cancer Counseling
and Support*
609-654-4044

SPEAKEASY
*Rancocas Hospital Women's
Center*
856-662-5474
www.infosheet.com/speakeasy

VIRTUA HEALTH CANCER CENTER
609-265-7555

CAMDEN COUNTY

SPEAKEASY
856-662-5474
www.infosheet.com/speakeasy

**COOPER HOSPITAL UNIVERSITY
MEDICAL CENTER CANCER
SUPPORT GROUP**
609-342-2474

CAPE MAY COUNTY

**BURDETTE TOMLIN MEMORIAL
HOSPITAL CANCER SUPPORT
GROUP**
609-729-4420

**EMMANUEL CANCER
FOUNDATION**
908-322-4323

CUMBERLAND COUNTY

**SOUTH JERSEY HOSPITAL OF
MILLVILLE CANCER SUPPORT
GROUP**
856-825-3344

**SOUTH JERSEY HOSPITAL OF
NEWCOMB CANCER SUPPORT
GROUP**
856-507-7807

ESSEX COUNTY

CANCER CARE, INC.
973-379-7500

MONTCLAIR BREAST CENTER
973-509-1818
www.montclairbreastcenter.com

**ST. BARNABAS CANCER
CENTER BREAST CANCER
SUPPORT GROUP**
973-322-8414

**WOMEN AT RISK CANCER
SUPPORT PROGRAM**
973-533-8414

GLOUCESTER COUNTY

*See programs in neighboring
counties.*

HUDSON COUNTY

**BAYONNE HOSPITAL BREAST
CANCER SUPPORT GROUP**
201-858-6518

**SISTERS NETWORK, NEWARK
CHAPTER**
973-926-5535

HUNTERDON COUNTY

**HUNTERDON REGIONAL
CANCER CENTER**
908-782-6112

- Breast Cancer Support Group
- Look Good...Feel Better
- Reach to Recovery

**I CAN COPE CANCER
SUPPORT GROUP**
908-782-7412

MERCER COUNTY

BEYOND CANCER
609-683-0692

**BREAST CANCER
RESOURCE CENTER**
609-497-2126

- Men's Discussion Group
- Women's Facilitated
Discussion

**NEW JERSEY BREAST AND
CERVICAL CANCER COALITION**
609-292-4961

**PRINCETON BREAST INSTITUTE
SELF-HELP DISCUSSION GROUP**
908-359-8355

**PRINCETON YWCA BREAST
CANCER RESOURCE CENTER**
609-252-2003

**Y-ME OF SOUTHERN TRENTON
AT GALILEE**
609-392-9898

MIDDLESEX COUNTY

CANCER INSTITUTE OF NEW
JERSEY BREAST CANCER
SUPPORT GROUP
732-235-6781

W.I.S.E. (WOMEN'S
INTERNATIONAL SUPPORT
ENVIRONMENT) SUPPORT
GROUP
732-257-6611

MONMOUTH COUNTY

COMPREHENSIVE BREAST
CENTER BREAST CANCER
SUPPORT GROUP AT
MONMOUTH MEDICAL CENTER
732-923-7711

HEALTH AWARENESS CENTER
BREAST CANCER SUPPORT
GROUP
732-308-1850

MID-MONMOUTH COUNTY
RECURRENCE SUPPORT GROUP
732-933-1333

RIVERVIEW REGIONAL CANCER
CENTER BREAST CANCER
SUPPORT GROUP
732-530-2382

WOMAN TO WOMAN
*Jersey Shore Breast Care
Center*
732-776-4440 or -4240

MORRIS COUNTY

AMERICAN CANCER SOCIETY
CANCER SUPPORT GROUP
973-331-9300

- I Can Cope Cancer Support Group
- Look Good...Feel Better
- Man to Man
- Reach to Recovery

CANCER HOPE NETWORK
BREAST CANCER SUPPORT
GROUP
908-879-4039

www.cancerhopenetwork.org

CAROL G. SIMON CANCER
CENTER BREAST CANCER
SUPPORT GROUP
973-971-5900

MORRISTOWN MEMORIAL
HOSPITAL CANCER SUPPORT
GROUP
973-971-6514

ST. CLARE'S HOSPITAL
TOGETHER BREAST CANCER
SUPPORT GROUP
973-625-6176

WOMEN AT RISK BREAST
CANCER SUPPORT PROGRAM
973-533-8414

OCEAN COUNTY

AMERICAN CANCER SOCIETY
CANCER SUPPORT GROUP
973-914-1000

- I Can Cope
- Look Good...Feel Better
- Man to Man
- Reach to Recovery

COMMUNITY MEDICAL CENTER
BREAST CANCER SUPPORT
GROUP
732-557-8000, x.11303

MEDICAL CENTER OF OCEAN
COUNTY BREAST CANCER
SUPPORT GROUP
732-206-8340

SOUTHERN OCEAN COUNTY
HOSPITAL CANCER SUPPORT
GROUP
609-978-8900

PASSAIC COUNTY

AMERICAN CANCER SOCIETY
CANCER SUPPORT GROUP
201-343-2222

- Look Good...Feel Better
- Reach to Recovery

BARNERT HOSPITAL BREAST
CANCER SUPPORT GROUP
973-977-6600

CHILTON MEMORIAL HOSPITAL
CANCER SUPPORT GROUP
973-831-5000

GILDA'S CLUB OF NORTHERN
NEW JERSEY
201-457-1670

PATHWAYS
973-835-6337

ST. JOSEPH'S REGIONAL
MEDICAL CENTER SUPPORT
GROUP
973-754-2684

SALEM COUNTY

**SOUTH JERSEY HOSPITAL OF
ELMER BREAST CANCER
SUPPORT GROUP**
856-363-1514

REACH TO RECOVERY
856-616-1650

SOMERSET COUNTY

AFTER BREAST CANCER
Somerset Medical Center
908-704-3794

**AMERICAN CANCER SOCIETY
CANCER SUPPORT GROUP**
908-725-4664

- I Can Cope
- Look Good...Feel Better
- Reach to Recovery

SUSSEX COUNTY

*See programs in neighboring
counties.*

UNION COUNTY

**AMERICAN CANCER SOCIETY
CANCER SUPPORT GROUP**
908-354-7373

- Look Good...Feel Better
- Man to Man
- Reach to Recovery

CHEMOCARE
800-55-CHEMO (552-4366)

**EMMANUEL CANCER
FOUNDATION**
908-322-4323

PATHWAYS
908-277-3663

**RESOURCE CENTER FOR
WOMEN**
908-277-6336

WARREN COUNTY

*See programs in neighboring
counties.*

