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# Working Together to Eliminate Healthcare-Acquired Infections

PRODUCED BY: New Jersey Hospital Association

One of the objectives of the NJHA Institute for Quality and Patient Safety is to develop resources for hospitals and other healthcare facilities to use in their performance improvement and patient safety efforts. This brochure was developed as a tool to help healthcare workers, patients and their families eliminate healthcare-acquired infections. It contains information to assist patients in taking control of their healthcare, including the importance of practicing proper hand hygiene and various steps to help eliminate some common healthcare acquired-infections.

**Working Together to Eliminate HEALTHCARE-ACQUIRED INFECTIONS**

ALONG WITH ADHERENCE TO PROPER HAND HYGIENE, best practice recommends the following actions to help reduce:

**CATHETER-ASSOCIATED URINARY TRACT INFECTION (CAUTI)**

- Make sure indications for inserting catheter are appropriate
- Insert catheter using sterile techniques
- Annual competency review for all personnel inserting catheters
- Use smallest catheter possible
- Proper maintenance of bag and drainage tubing
- Assess daily for removal

**VENTILATOR-ASSOCIATED PNEUMONIA (VAP)**

- Head of bed (HOB) elevation 30 degrees
- Deep Vein Thrombosis (DVT) prophylaxis
- Peptic Ulcer Disease (PUD) prophylaxis
- Appropriate sedation
- Daily assessment of readiness to extubate

**CENTRAL-LINE BLOOD STREAM INFECTION (CLBSI)**

- Use chlorhexidine for skin preparation
- Use full-barrier precautions during central venous catheter insertion
- Subclavian vein placement as preferred site
- Daily assessment of need for central-line catheter with prompt removal of unnecessary lines

The Healthcare Foundation of New Jersey  
Funded by the Jewish Community

Institute for Quality & Patient Safety

**Trabajo Junto para eliminar INFECCIONES CUIDADO-ADQUIRIDAS**

**Working Together to Eliminate HEALTHCARE-ACQUIRED INFECTIONS**

- STANDARD PRECAUTIONS
- CONTACT PRECAUTIONS
- DROPLET PRECAUTIONS
- AIRBORNE PRECAUTIONS

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