



Mental Health Resources

Selected Recommended Books on Death, Grief, and Trauma

For Children or for Use By Adults with Children
September 12, 2001

Written by Kathleen A. Moeller, MLS, AHIP, Manager, Library and CME Services, Overlook Hospital, Summit, N.J. kathy.moeller@ahsys.org.

There are thousands upon thousands of books and resources on this topic. This selected list represents a handful of proven resources helpful to children and counseling services. You may find these titles for loan from your local public library or purchase from a bookstore. Please also check with local family counseling services and other social services for additional resources.

Ms. Moeller is a distinguished member of the Academy of Health Information Professionals, Medical Library Association, (MLA) and one of the first medical librarians to obtain a Consumer Health Certification from MLA.

1. Brooks, Barbara A. **"The Scared Child: Helping Kids to Overcome Traumatic Events"** John Wiley 1996. ISBN 0471082848, \$16.95
2. Brown, Marc Tolon **"When Dinosaurs Die: A Guide To Understanding Death"** Little Brown 1998. ISBN 0316119555, \$7.95
3. Cohen, Cindy Klein **"Daddy's Promise"** Promise Publications 1997. ISBN 0965649805, \$12.95
4. Cohen, William C. **"Helping Children Cope With The Loss Of A Loved One: A Guide For Grownups"** Free Spirit Publishing 1996. ISBN 157542100007, \$14.95
5. Dougy Center Staff **"35 Ways To Help A Grieving Child"** The Dougy Center for Grieving Children 1999. ISBN 189053403X, \$9.95

6. Johnson, Joy **"Children Grieve Too: Helping Children Cope With Grief"**
Centering Corp 1998. ISBN 1561231061, \$3.95
7. Mundy, Michaelene **"Sad Isn't Bad: A Good Grief Guidebook For Kids
Dealing With Loss"** Abbey Press, 1998. ISBN 0870293214 \$5.95
8. Schaefer, Dan **"How Do We Tell the Children?"** Newmarket Press 1993.
ISBN 155704189X, \$18.95
9. Silverman, Janis **"Help Me Say Goodbye: Activities For Helping Kids
When A Special Person Dies"** Fairview Press 1999. ISBN 1577490851,
\$9.95