## Simple Steps: Identifying Valid Research Instruments



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## Agenda

Key Definitions Locating Instruments Copyrights and Permissions

## **Research Instruments - AKA**

- Questionnaires
- Surveys
- Instruments
- **Measurement Scale**
- **Measurement Instrument**







## Definitions

#### **Measurement and Research Instrument**

"Measurement is the process of specifying and operationalizing a given concept. A research instrument contains the operational definitions of all measures related to the research and is primarily used to collect data." (Shi, 1997, p. 410). https://hsrr.nlm.nih.gov/hsrr\_search/sample\_design

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Instruments/Indices Definition	Close This Window
Measurement is the process of specifying and operationalizing a given concept. A research instrument contains the operational definitions of all measures related to the research and is primarily used to collect data. When a research instrument contains only questions and statements to be answered by respondents, it is called a questionnaire. from Shi L. Health services research methods. New York: Delmar, 1997. 410 p.	
Copyright, Privacy, Accessibility, Site Map, Viewers and Players U.S. National Library of Medicine, 8600 Rockville Pike, Bethesda, MD 20894 National Institutes of Health, Health & Human Services Freedom of Information Act,	Last updated: 17 March 2018 First published: 21 April 2004



Source: Boynton, P.M. Boynton & Greenhalgh, T. (2004). Selecting, designing, and developing your questionnaire. *BMJ*, *328*, *p*.1312.

## **Standardized Instruments**

Provides confidence in the instrument's validity and reliability.

A valid instrument is reliable.

A prudent researcher has confidence that the instrument measures what it claims to measure, and that the empirical evidence can be trusted.

## Instrument Validity

The degree to which an instrument measures what it is supposed to measure (Polit & Beck 2017).

*Importantly:* Validity is not proven or disproven but supported by the degree to which an instrument measures the construct of interest (Burns & Grove 1997).

## **Construct Validity**

Questions:

- What is this instrument really measuring?
- Does it adequately measure the construct of interest?

Examples: Hypothesis-testing validity Pilot testing of instruments

## **Correlation Coefficients**

Pearson Correlation Coefficient indicate direction and magnitude of relationships between variables.

Pearson's r Varies Between +1 and -1

- 1.00 perfect negative correlation

0.00 no correlation

+ 1.00 perfect positive correlation

## Three-Types: Theory-based Validity

1. Face validity - participants are asked, "if on face value" is the instrument measuring what it is supposed to measure.

2. Content validity - degree to which an instrument has an appropriate sample of items for the construct being measured.

3. Construct validity - use of factor analysis to assess how well items in an instrument relate to each other.



## Defining Empirical-evidence Validity

Criterion-related Validity - degree to which the empirical evidence is supported to a greater of lesser extent, as measured by the instrument.

Example: Validity of a instrument for depression is greater if it was found to predict suicide.

#### Two Types: Criterion-related Validity

1. Concurrent Validity – comparing empirical data from a new instrument that correlates well with an established instrument measuring the same construct.

Example: Compare a new 9-item instrument with the old 50-item version.

2. Predictive Validity - most powerful evidence of an instrument's predictive strength of a future outcome (high correlation between the instrument's data results and a future event). Example: Apgar score and failure to thrive.

## Validity Generalization

The extent to which evidence obtained in one study setting can be generalized to other settings, typically predictive validity (Waltz, Strickland, & Lenz 2010).

\*Meta-analysis: a statistical integration of results to examine a sufficient database of findings from a large set of studies about the same variable.

## Reliability

The extent to which the instrument yields the same results repeatedly.

Homogeneity or internal consistency indicates the degree that items on a multiitem scale are measuring the same construct; known as *Cronbach's alpha*.

## Reliability Coefficient (R)

.70 at least;.80 preferred.

Improved by making instrument longer (adding items).

Are lower in homogeneous than in heterogeneous samples.



## **Considerations: Existing Instruments**

Is it standardized (valid and reliable)... Number of items... How long will it take to complete...

<sup>2</sup>?<sup>2</sup>???

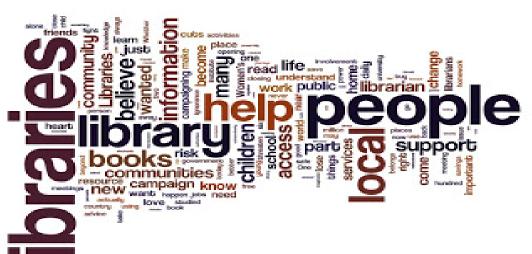
Potential cost...

Are questions safe to administer... ?

## Locating Valid Instruments



### Useful resources...



#### language-of-research transferability Motion SDSS head-full-of-ideas standard-deviation accomplishment methods data hard feedback statisf individualistic operationalization triangulation action-research pbworks stats methodologies questions Reversionthic peer review tu article-review 🛾 SURVey 📛 References observation **±** lies-damned-lies-and-statist stals-workshops in qualitative-vs-quant challenging المعالية الم gentle-and-firm-leadership inductive uantitative 📲 promising statistics-are-hard-to-comprehend deductive scholarly N, methoc

## Credible Nursing Databases...



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## \*Key Databases

#### \*CINAHL (Cumulative Index to Nursing and Allied Health Literature) - biomedical and nursing

#### \*(Medline (Medical Literature on-Line) clinical research

#### Cochrane Collaboration - primarily research in health care

**PsycINFO** (including PsycARTICLES) behavioral sciences, mental health and more...

## **CINAHL Complete**

Specific database of health related research instruments and more...

https://www.ebsco.com/products/researchdatabases/cinahl-complete

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# Health and Psychosocial Instruments (HaPI)

https://www.ebsco.com/products/researchdatabases/health-and-psychosocial-instruments-hapi

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## **Evidence-Based Databases**



## ProQuest

https://www.proquest.com/libraries/academic/databases/

## U.S. National Library of Medicine

- NICHSR: National Information Center on Health Services Research and Health Care Technology
- https://www.ncbi.nlm.nih.gov/pubmed/

Source: U.S. Department of Health & Human Services, May 24, 2018.

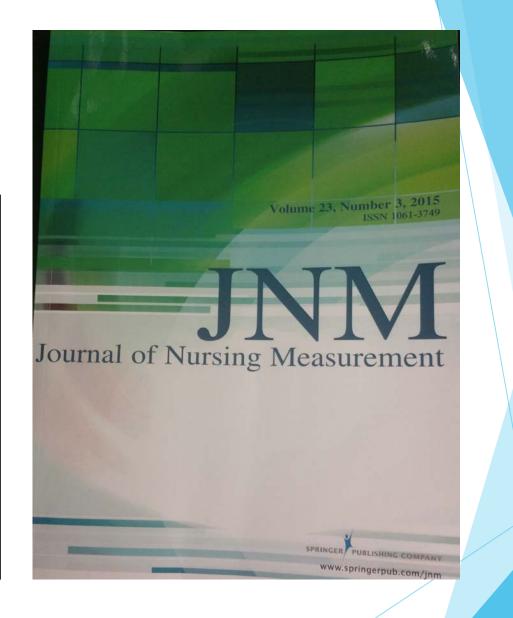
## Important Sources...

- ✓ Literature Review
- $\checkmark$  Author
- Contact other researchers
- ✓ Google
- ✓ ProQuest
- ✓ Ask A Librarian

#### Journal of Nursing Measurement

#### Focus: Instrument's

- evidence of reliability, validity, sensitivity, and specificity.
- procedures designed or used for measuring variables in nursing research, practice, and education.



http://www.springerpub.com/journal-of-nursingmeasurement.html

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## Copyrights Applies To...

- Literary works: blogs, books, cartoons, emails, letters, magazines, memos, newspapers, newsletters, trade journals, training materials & other written material (paper or digital).
- Computer software: On disc,...
- Pictorial, graphical and sculptural: 3-D artwork creations, 2-D cartoon characters, graphical images, maps & photographs, (paper or digital).
- Architectural works: buildings.

- Sound recordings: musical, lyrical or spoken-word performances, in any form, podcasts or other interactive medium.
- Musical: compositions & lyrics.
- Audiovisual: motion pictures, multimedia presentations, demonstrations & slideshows (analog or digital).
- Dramatic: plays & screenplays.
- Pantomimes and choreographic works: dance & mime.

## **Implications for Nursing**

✓ Education✓ Practice✓ Research



## **Nursing Education**







#### Bio-Medical/Nursing









#### Nursing Research



- Build the scientific foundation for clinical practice
- Prevent disease and disability
- Manage and eliminate symptoms caused by illness
- Enhance end-of-life and palliative care

http://ninr.nih.gov/ninr/

#### TAKEAWAY

✓ Gained knowledge and skill in identifying valid research instruments ...

## Questions...



#### Select References

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