CHCS Center for Health Care Strategies, Inc.

Advancing innovations in health care delivery for low-income Americans

Dual-Eligible Special Needs Plans: What You Need To Know

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About the Center for Health Care Strategies

A non-profit policy center dedicated to improving the health of low-income Americans.





Special Needs Plan Basics

- SNPs are specialized Medicare Advantage/ Prescription Drug plans that were authorized in 2003 to began operating in 2006
- SNPs are designed to provide targeted care, and limit enrollment to individuals with special needs
- People with special needs include:
 - » An individual who is **institutionalized**;
 - >> Someone who is dually eligible for Medicare and Medicaid; or
 - » An individual with a severe or disabling chronic condition, as specified by Centers for Medicare & Medicaid Services
- SNPs are required to offer a specialized model of care





Special Needs Plan Basics

There are three types of SNPs:

- » Dual-Eligible Special Needs Plans (D-SNPs) provide states with an opportunity to better coordinate Medicare and Medicaid services for dually eligible beneficiaries;
- » Chronic Condition Special Needs Plans (C-SNPs) serve Medicare beneficiaries with specified chronic or disabling conditions; and
- » Institutional Special Needs Plans (I-SNPs) serve individuals who need an institutional level of care (I-SNPs); they may serve Medicare-Medicaid enrollees in institutions or community settings, but are not required to have contracts with states.
- SNPs are expected to follow existing MA program rules, including MA regulations at 42 CFR 422
- SNPs must provide Part D prescription coverage to ensure those with special needs have access to drugs that address their needs



Three Components to Medicare-Medicaid Integration



GOAL:

Create one accountable entity that delivers personcentered primary/ preventive, acute, and behavioral health care, and long-term services and supports (LTSS).

History and Purpose of D-SNPs



- D-SNPs began operating in 2006; however, they were not required to have contracts with state Medicaid agencies until 2013
- D-SNPs focus on better managing care for a high-need, high-cost subset of the Medicare population
- Aligned and fully-integrated D-SNP program have been shown to provide improved coordination of services for high-need Medicare populations:
 - » Minnesota Managed Care Longitudinal Data Analysis Study
 - Available at: <u>https://aspe.hhs.gov/report/minnesota-managed-care-longitudinal-data-analysis</u>



D-SNPs as a Platform for Integration



- States are using D-SNP contracting (i.e., MIPPA contracting, or Medicare Improvements for Patients and Providers Act of 2008) to better link Medicaid LTSS and Medicare primary/acute services
- State D-SNP contracts may cover any of the following:
 - » Medicaid services, including LTSS;
 - » Medicare cost sharing;
 - » Specialized Medicaid services (e.g., vision, dental, hearing, transportation, home health, community-based services); and
 - » Drugs excluded from Part D.
- States can require Medicaid plan contractors to be approved D-SNPs to create opportunities for aligned enrollment and benefit integration



State Contracting with D-SNPs

- As of January 2013, D-SNPs must have a contract with state Medicaid agency (i.e., MIPPA contract)*
- At a minimum:
 - » D-SNP agrees to "provide Medicaid benefits, or arrange for benefits to be provided;"
 - State Medicaid agency agrees to allow the D-SNP to serve and coordinate care for Medicare-Medicaid enrollees; and
 - State contract with D-SNP must include eight minimum MIPPA requirements (see Appendix to slides for details)
- States may go beyond MIPPA minimums to provide improved administrative, clinical, and financial integration for D-SNP enrollees



Growth in D-SNPs and Enrollment, 2006-2017





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Where is D-SNP Enrollment Concentrated?





Fully Integrated Dual Eligible SNPs

Fully Integrated Dual Eligible SNPs (FIDE SNPs) must:

- » Have an aligned Medicare and Medicaid care management model;
- » Offer a benefit package that includes LTSS (carve outs of benefits are allowed under certain circumstances and must be reviewed by CMS); and
- » Employ CMS and state approved policies and procedures to coordinate or integrate enrollment, member materials, communications, grievance and appeals, and quality improvement

Why be a FIDE SNP?

- » FIDE SNPs may be eligible for a frailty factor payment to reflect the cost of treating high concentrations of frail individuals if their risk scores indicate a "similar average level of frailty" as the PACE program (Programs of All-Inclusive Care for the Elderly)
- » See Chapter 16-B in Medicare Managed Care Manual, Sec. 20.2.5 for more detail on these requirements



D-SNP State Spotlight: New Jersey

- Uses D-SNP platform as a pathway to full integration.
- NJ requires D-SNPs to:
 - » Offer an MLTSS plan and limit D-SNP enrollment to beneficiaries entitled to full Medicaid benefits;
 - » Request CMS designation to operate as a FIDE-SNP; and
 - » Establish robust care coordination and administrative alignment requirements under MIPPA agreement.

Aligned Enrollment Approach	Sample MIPPA Requirements
 Limit D-SNP enrollment to those choosing companion Medicaid plans State assigns members who select a D-SNP for Medicare to the D-SNP's NJ Medicaid plan, creating ongoing alignment between Medicare and Medicaid enrollments State educates dually eligible beneficiaries on enrollment benefits 	 Strong coordination of care provisions Coverage of Medicare cost-sharing, wrap-around Medicaid benefits, LTSS and BH Sharing of MA encounter, financial, and quality reporting data with state State ensures that D-SNP aligns beneficiary materials, provider notifications, member communications, grievance and appeals processes, etc.



Medicare-Medicaid Alignment Update

- Bipartisan Budget Act of 2018 passed Feb 9.
- Contains a number of provisions related to D-SNPs and relevant to New Jersey's FIDE SNP program.
- Special Needs Plan permanency:
 - » Permanent authorization for D-SNPs, Institutional Special Needs Plans (I-SNPs), and Chronic Condition Special Needs Plans (C-SNPs).
 - » Increased integration of D-SNPs by 2021 (e.g., minimum level of LTSS or behavioral health integration, and other requirements to be determined via stakeholder input).
 - » New Jersey's D-SNP contracts and designation as FIDE-SNP exceeds the new integration threshold created by the law.







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