

Antibiotic Stewardship In Post Acute and Long-Term Care-2017

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What is Antibiotic Stewardship

- "Coordinated program that promotes the <u>appropriate</u> use of antimicrobials, improves patient <u>outcomes</u>, reduces microbial <u>resistance</u>, and decreases the spread of infections caused by multidrug <u>resistant organisms</u>" APIC
- "Refers to a set of coordinated strategies to improve the use of antimicrobial medications with the goal of <u>enhancing patient health</u> <u>outcomes, reducing resistance</u> to antibiotics, and decreasing <u>unnecessary costs</u>" SHEA
- "Refers to a set of commitments and actions designed to "optimize the treatment of infections while reducing the adverse events associated with antibiotic use." CDC



Antibiotic Use in Nursing Homes and Residential Care Facilities

- Incidence- (1991-2008)
 - 4.0-7.3 courses/1000rcds
- Prevalence
 - 47%-79% over 1 year

Van Bull LW, et al 2012 568.ei JAMDA Benoit SR et al 2008;56:2039J Am Geriatr Society



Antibiotic Use in Long-Term Care

- 79% of residents exposed to ≥ 1 course in 12 months¹
- 50% of antibiotics are administered for unknown indications²
- Majority are prescribed for urinary tract and respiratory infections³

- 1. Loeb M, et al. *Am J Epidemiol*. 2003;157:40-47.
- 2. Katz PR, et al. Arch Intern Med. 1990;150:1465-1468.
- 3. Loeb M, et al. *J Gen Intern Med*. 2001;16:376-383.



Antibiotic Use in PA/LTC

- Up to 75% of antibiotics utilized in LTCFs may be inappropriate
- Approximately 600,000 infections caused by resistant organisms and C. difficile could be prevented with the immediate and national implementation of antibiotic stewardship and infection control interventions.

Nicolle LE et al Antimicrobial use in ling-term-care facilities. SHEA Long-Term-Care Committee. Inct Control Hosp Epidemiol 2000;21:537-545. Slayton RB et al MMWR Morb Mortal Wkly Rep 2015;64:826-831



Antibiotic Use by Site of Infection

- Urinary Tract Infections (UTI)
 - 35%-65%
- Respiratory Tract Infections (RTI)
 - 15%-35%
- Skin and Soft Tissue Infections (SSTI)
 - 10%-20%

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Inappropriate Antibiotic Use in PA/LTC

- Treatment of microbial colonization
- Off site prescribing of antibiotics
- Inconsistent on site practitioner availability
- Incomplete clinical assessments
- Failure to recognize true clinical signs and symptoms of infection in elderly
- Practitioners often prescribe broad spectrum agents

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Barriers to Appropriate Use of Antibiotics Resident and Facility Issues

- Accurate clinical diagnosis often difficult
 - Multiple co-morbidities
 - Cognitive impairment
 - Atypical presentation
- Diagnostic resources are limited
- Specimen collection is limited
- Empiric use of antibiotics is common

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Risks of Inappropriate Antibiotic Use

- Adverse effects
 - Altered renal and liver function
 - Multidrug interactions
- Antibiotic resistant organisms
 - Colonization
 - Infection
- C. difficile infection
- High health care pharmacy costs
- Increases hospital readmissions
 - Infections with MDROs



Prevalence of Antibiotic Resistant Organisms in Nursing Facilities

- 43% patients have at least one MDRO¹
- 11%-59% MRSA prevalence²
- 39% patients acquire MDRO during a 1 year stay³
- ~ 113,000 nursing home onset C. difficile cases 2012⁴
 - 28% hospitalized within 7 days of + specimens

¹Trick WE 2001; 49:270 J Am Geriatr Soc

²Van Bull LW, et al 2012 568.ei JAMDA

³O'Fallon E et al 2010;31:1148 Infect Control Hosp Epidemiol

⁴ Hunter et al Open Forum Inf Dis 2016



Infections with MDROs

- Increases poor outcomes
 - Morbidity and mortality
- Increases hospital readmissions
- Increases costs
 - Hospital readmission
 - Infection control enforcement
 - Antibiotic costs
- Reduced quality of life

Reducing Antibiotic Resistance in PA/LTC

- Infection Control Program
 - Prevents cross transmission of MDROs
 - Reduces incidence of infections
 - Reduces antibiotic use
 - Dedicated Infection Control leader
 - Education
 - Compliance
- Antibiotic Stewardship

Smith PW, et al SHEA/APIC Guideline 2008; 36:504 A J Infect Control AMDA Common Infections in the LTC Setting Clinical Practice Guideline 2004/2011. Van Bull LW, et al 2012 568.ei JAMDA

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Barriers to Antibiotic Stewardship

- Physician preferences
 - Variation in physician expertise
- Variation in infection prevention expertise
 - Variation in surveillance activity
- Variation in monitoring antibiotic use
 - Clinical guidelines
 - Education
 - Physician
 - Staff

Effectiveness of Antibiotic Stewardship Programs

- No standardization
 - Program components
 - Implementation strategies
 - Tracking methods or results
- Results vary
 - UTI>Pneumonia>SSTI
- Best results
 - Asymptomatic bacteruria
 - Symptomatic UTI

Antibiotic Stewardship Program

- No standard benchmarks exist
- Establish Facility benchmark if possible
- Guidelines for prescribing
 - Use evidence based guidelines
 - Commit guidelines to writing
 - Educate nursing staff and prescribers
- Establish reasonable expectations and goals
 - Seek improvement in performance
- Involve and empower the ICP
- Consider focusing on UTI prescribing patterns

Interventions for Antibiotic Use in PA/LTC

- UTI
 - Efforts to improve antimicrobial use for presumed UTI may be successful
- LRTI/pneumonia
 - Data on optimizing antibiotic use less convincing
- SSTI
 - Data also not convincing



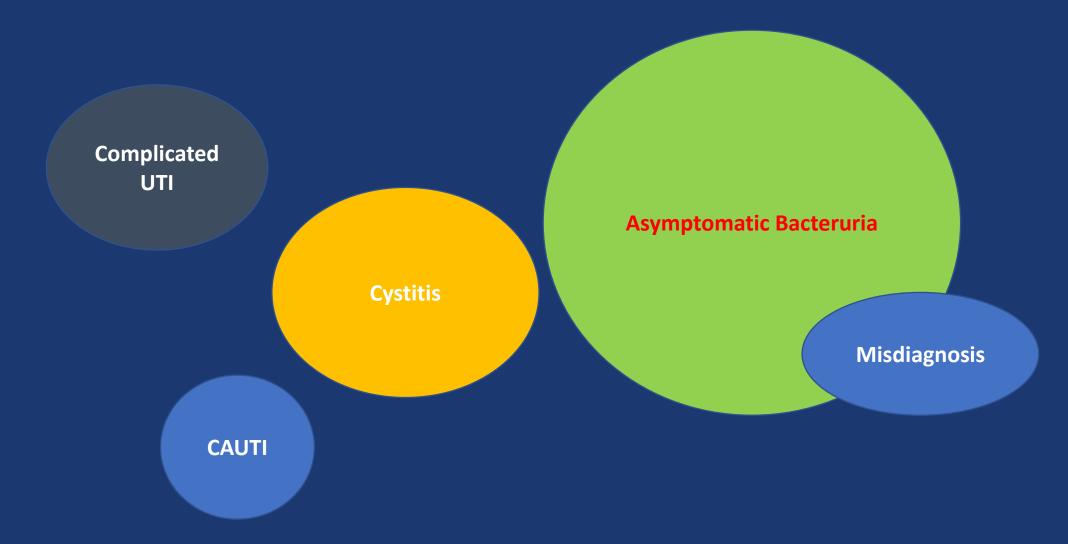
Tracking

- Process
 - Incidence
 - # abx courses started/1000rcds
 - Antibiotic utilization Ratio
 - Total abx days/1000rcds
 - Duration of antibiotic therapy
 - Total abx days/antibiotic courses
 - Cost per Antibiotic Day
 - Total abx cost/total abx days
 - Cost per Resident Care Day
 - Total abx cost/total rcd

Antibiotic Stewardship Program

- Start Slow
- Start Somewhere
- Focus Plan and Process

The Many Faces of UTI





Asymptomatic Bacteriuria

- Asymptomatic bacteriuria -isolation of a specified quantitative count (≥10⁵ cfu/ml) of bacteria in an appropriately collected urine from a person without symptoms or signs referable to infection.
 - Hemodialysis 28%
 - Elderly females 25%-50%
 - Elderly males 15%-40%
 - Short term IBCs acquire bacteriuria 2%-7%/day of catheter use

Asymptomatic Bacteriuria Treatment Outcomes

- Nursing home patients
 - No benefits of screening for or treating asymptomatic bacteriuria^{1,2}
 - Does not eradicate bacteriuria
 - Does not improve mortality
 - No ↓ in symptomatic infection or ↑ survival
 - No difference in genitourinary symptoms with treatment
 - ^adverse antimicrobial reactions
 - Treinfection with increasingly resistant organisms

UTI Antibiotic Use Intervention

- Multifaceted approach
 - Written guidelines
 - Education
 - Tracking
 - Feedback

Facility Approach to Antibiotic Stewardship 2017

- No limit on choice of antimicrobial
- Promote understanding of the purpose of AS
- Keep the process "lazar focused"-start small
- Discuss prior benchmark data on antibiotic use
- Educate nursing staff and prescribers on approach to "when to culture" and "when to treat"
- Educate nursing staff and prescribers separately

Antibiotic Prescribing is a Process Multiple Decisions

Pre-Prescribing Decision

Making

Do I Test?

Do I Treat?

How Do I Treat?

Post-Prescribing Decision Making

Can I Stop?

Can I Narrow?

How Long
Should I Treat?

Antibiotic Stewardship Process

- BEFORE CALLING PHYSICIAN/NP OR TAKING A V.O. FOR URINE CULTURE...... <u>PLEASE</u>.... USE THE APPROPRIATE AHRQ SBAR i.e. UTI, LRTI or SSTI TO BE SURE THE RESIDENT HAS APPROPRIATE SIGNS AND SYMPTOMS PRIOR TO CULTURING OR INITIATING ANTIBIOTICS
- IF CRITERIA ARE NOT MET<u>DO NOT DO A CULTURE.</u> NOTIFY THE PHYSICIAN/NP AND INFORM HIM/HER THAT CRITERIA HAVE NOT BEEN MET FOR CULTURE.
- IF ANTIBIOTICS ARE INITIATED, PLEASE BE SURE THE PHYSICIAN IS AWARE OF THE FACILITY ANTIBIOGRAM.
- IF A COVERING PHYSICIAN OR NP INITIATED THE ORDER FOR ANTIBIOTICS, NOTIFY THE PRIMARY THE NEXT DAY.
- ROUTINE FOLLOW-UP WITH THE PRIMARY SHOULD BE DONE 48-72 HOURS AFTER INITIATION OF ANTIBIOTICS. PLEASE HAVE THE FOLLOWING INFORMATION AVAILABLE BEFORE THIS CALL:
 - LAB RESULTS
 - CULTURE RESULTS
 - BLOOD WORK IF ORDERED
 - CLINICAL STATUS OF RESIDENT
 - CURRENT STATUS
 - VITAL SIGNS
 - CURRENT CLINICAL STATUS
 - RESPONSE TO TREATMENT
 - HOW LONG DID IT TAKE FOR SIGNS & SYMPTOMS TO RESOLVE OR IMPROVE?
 - SHOULD ANTIBIOTIC BE CHANGED TO A NARROWER SPECTRUM BASED ON CULTURE RESULTS?
 - CAN ANTIBIOTIC DURATION BE SHORTENED IF PATIENT RESPONDED RAPIDLY TO TREATMENT?
- DO NOT ASK OR ACCEPT ORDERS FOR TEST OF CURE CULTURES!!!!! (FOLLOW-UP CULTURE TO BE SURE OF CURE) UNLESS SIGNS AND SYMPTOMS
 PERSIST.

2012 McGeer Criteria-UTI-No IBC

- Criteria 1 & 2 must be met
 - 1-At least one of the following:
 - Acute dysuria or acute pain, swelling or acute tenderness of the testes, epididymis or prostate
 - Acute CVA pain or tenderness
 - Suprapubic pain
 - Gross hematuria
 - New or marked increase in incontinence
 - New or marked increase in urgency
 - New or marked increase in frequency
 - Fever or leukocytosis temp > 100°F; repeated temps >99°F or single temp > 2° F over baseline
 - If no then at least ≥ 2 of the above
 - 2- One of the following:
 - At least 10⁵ cfu/ml of no more that 2 species of microorganisms in voided sample
 - At least 10² cfu/ml of any number of microorganisms in in-and-out catheter sample

2012 McGeer Criteria-UTI-IBC

- Criteria 1 & 2 must be present
 - 1-At least one of the following
 - Fever, rigors or new onset hypotension with no alternate site of infection
 - Either acute change in mental status or functional decline, with no alternate site of infection
 - New onset suprapubic pain or CVA pain or tenderness
 - Purulent discharge from around the catheter or acute pain, swelling, or tenderness of the testes, epididymis or prostate AND
 - 2-Urinary catheter specimen culture with at least 10⁵ cfu/ml of any organism

UTI-SBAR

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UTI-SBAR

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	New back or flank pain Acute pain Rigors /shaking chills			□ urgency□ frequency□ back or flank pain		suprapubic pain gross hematuria urinary incontinence
0 0	New dramatic change in mental status Hypotension (significant change from baseline BP or a systolic BP <90)	-		3. No fever, but two or urgency frequency incontinence		of the following symptoms: suprapubic pain gross hematuria
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LRI-SBAR

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		and one of the following		02°F (38.9°C)		,
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0		New or worsened cough New or increased sputum production			nge in mental s	onfusion, disorientation, status)
0	D,	O2 saturation <94% on room air or a reduction in O2 saturation of >3% from baseline		☐ Respiratory r		s per minute
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No □		New or increased cough with purulent sputum production	00		t least one of thate >25	ne following enfusion, disorientation,
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		scription for an antibiotic agent.				
r	ntibi	ng home protocol criteria are NOT me otic, but may need additional observa	ation.††	sident does NOT i	need an immed	iate prescription for an
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		igh, consider using an inhaler/nebuli				
		inophen mg. Route D				
		upper body (use multiple pillows) to s age ounces of fluid by mouth				
		fluid intake	r or G-Tub	e ior nou	rs	
		age salt water gargles				
☐ As	sess	vital signs, including temp, every	hou	rs for ho	ours	
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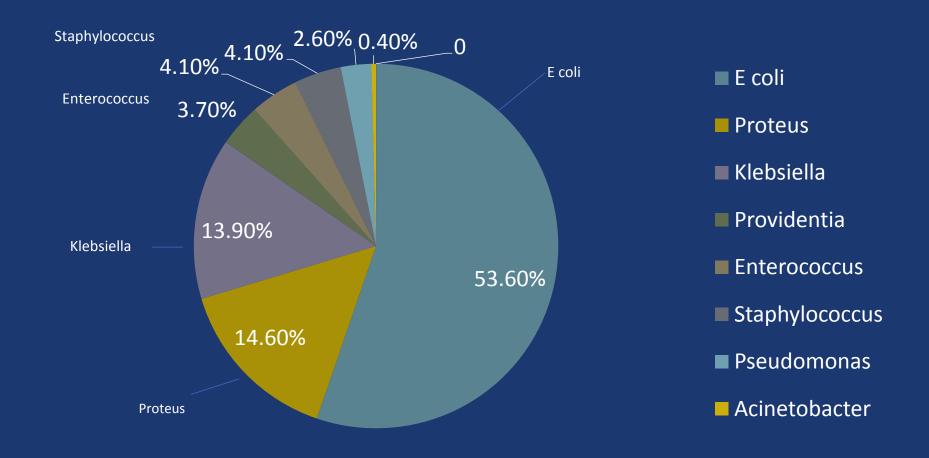
[†] This is according to our understanding of best practices and our facility protocols.

†† This is according to our understanding of best practices and our facility protocols. The information is insufficient to indicate an active lower respiratory tract infection.

SSTI-SBAR

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	or repeated temperatures of 9	9°F (37°C)*	
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□ warmth □ swelling that is new or i	increasing		
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Isolates from LTC Residents with UTI



Urine Antibiograms 2016 Gram Negative Panel

ACULABS INC

2 KENNEDY BLVD

EAST BRUNSWICK, NJ 088161248

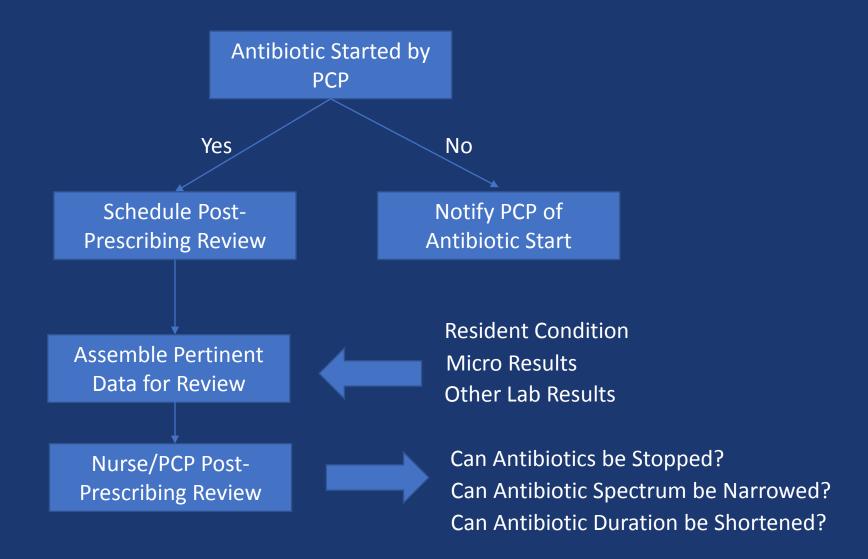
ANTIMICROBIC SUSCEPTIBILITY REPORT

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E. COLI	≺40	>	52% 21	100% 40	85% 34	100% 40	100% 40	100% 40	100% 40	87% 35	62% 25	100% 40	95% 38	100% 40	100% 40	100% 40	85% 34	100% 40
ENTEROBACTER CLOACAE	<2	>	0% 0	100%	0% 0	100%	100% 2	100% 2	100% 2	0% 0	100% 2	100%	0% 0	100%	100%	0% 0	100%	100% 2
KLEBSIELLA DXYTOCA	<1	>	0% 0	100%	0% 0	0% 0	0% 0	100% 1	100%	100%	100% 1	100%	0% 0	100% 1	100% 1	100%	100%	100%
KLEBSIELLA PNEUMONIAE	<8	>	75% 6	100% 8	100% 8	100% B	100% 8	100% 8	100%	100% 8	100% 8	100% 8	100% 8	100% 8	10 0% 8	12% 1	100%	100% 8
MORGANELLA MORGANII	<2	>	0% 0	100% 2	0% 0	10 0% 2	100% 2	100% 2	100% 2	100% 2	50% 1	100%	0% 0	100%	100% 2	0% 0	50% 1	0% 0
PROTEUS MIRABILIS	<20	>	90% 18	100% 20	90% 18	100% 20	100%	100% 20	100%	100%	45% 9	100% 20	100% 20	100% 20	100% 20	0% 0	90% 18	0% 0
PROTEUS VULGARIS	<1	>	0% 0	100%	100%	100% 1	100% 1	100%	100%	100%	100%	100%	0% 0	100%	100%	0% 0	100%	1 00% 1
PROVIDENCIA STUARTII	<1	>	0% G	100% 1	0% 0	100% 1	100% 1	100%	100% 1	100%	0% 0	100%	0% 0	100%	100% 1	0% 0	100%	100%
PSEUDOMONAS AERUGINOSA	<6	>	0% 0	83% 5	0% 0	83% 5	0% C	100%	0% 0	0% C	50% 3	83% 5	0% 0	100% 6	0% 0	0% 0	66% 4	100% 6
KLEBSIELLA PNEUMONIAE ESBL-POS	<3	>	0% 0	100%	33% 1	0% 0	0% 0	0% 0	0% 0	100% 3	33% 1	0% 0	0% 0	100%	100%	0% 0	33% 1	100% 3
E.COLI ESBL-POS.	<9	>	11%	100%	66% 6	0% 0	0% 0	0% 0	0% 0	100%	11% 1	0% 0	0%	100%	100% 9	100%	66% 6	100% 9
ENTEROBACTER GERGOVIAE	<1	>	ox o	100%	0%	100%	100%	100%	100%	0% 0	100%	100%	0%	100%	100%	100%	100%	100% 1

Urine Antibiograms 2016 Gram Positive Panel

CULABS INC 2 ANTIMICS			USCE		ILIT	Y F	(EPOI	RT		SASI	r BRU	MONIC	ICK,	NO V	7661	P12-	18
% SUSCEE				NE L			T	YPE:	: GR								
Organism (Total Is				AM		AZTM											
REP.BOVIS	<4	> 0%		0% 0	0%	0% 0	0%	0% 0	0% 0	0% 0	0%	0% 0	0% 0	0%	0% 0	0%	0%
TAPH AUREUS COAG. POSITIVE	<3	> 100%		0% 0	100%	0% 0	0% 0	0% 0	0% 0	0% 0	100%	0% 0	0% 0	0% 0	0% 0	0% 0	100%
TAPH AUREUS MRSA COAG. POS.	<3		x 0%	0%	0% D	0%	0% 0	0%	0%	0%	0%	0%	0% 0	0% 0	0% 0	0%	100%
TEROCOCCUS FAECALIS	<19	> 09		100% 19	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	36% 7	0% 0	0% D	0% 0	0% 0	100% 19
ANDIDA SPECIES	<6	> 05		0% 0	0% 0	0% 0	0%	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	o ≭ o	0% 0	0% 0
NTEROCOCCUS FAECALIS (VRE)	<1	> 05		100%	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0%	0% 0	0% 0	0% 0	0% 0	100% 1
NTEROCOCCUS FAECIUM (VRE)	<4	> 01 0		0%	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0%	0% 0	0% 0	0% 0	0% 0	25% 1
TREP AGALACT - GP B	` < 1	> 0: 0		0%	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0	0% 0

Post-Prescribing Process



Duration of Antibiotic Therapy

- Traditional treatment durations
 - Poor evidence based studies
- Shorter duration may be effective and reduce certain risks associated with prolonged use
 - C. difficile
 - MDROs
 - ADRs

Duration of Antibiotic Therapy

- UTI- uncomplicated
 - 3-6 day treatment may be as effective as 10 day therapy¹
- CAP
 - \leq 7 days treatment may be as effective as 10-14 day therapy²
- SSTI-cellulitis
 - 5 day treatment may be as effective as 10 day therapy³

Metrics

- # Antibiotic courses of therapy
 - # new antibiotic prescriptions after admission
 - # new prescriptions that met criteria for infection
 - % that met criteria
- Total antibiotic days of treatment
 - Average duration
 - Urine cultures ordered
- Residents with Facility Acquired Infections (Nosocomial)
 - UTI-LRI-SST
- Residents with MDROs- (CA/FA)
 - MRSA-ESBL-VRE-CRE-C. difficile (CA & FA)

Facility Characteristics

FACILITY	НСС	AN&R	WV
Category	NFP	FP	NFP
Size	180	188	60
Subacute beds	35	61	0
# Prescribers	>10	5-10	<5
Nursing Administrative Staff Education	May-2017	May-2017	May-2017
Nursing Staff Education	May-2017	May-2017	May-2017
Physician Education	May-2017	May-2017	May-2017

HCC-Results

Antibiotic Prescriptions	HCC- 2016	HCC- 2017 Q1	HCC-2017 April	HCC-2017 May	HCC-2017 June	HCC-2017 July	HCC-2017 August	HCC-2017 September
Total antibiotic courses of therapy	318	78	10	10	24	23	13	17
New antibiotic prescriptions	237	53	6	6	17	15	9	9
Total days of treatment (NP)	1663	369	52	37	125	110	70	72
Average duration	7.0	7.0	8.7	6.1	7.3	7.3	7.8	8.0
% met criteria	41.4%	57.7%	66.7%	66.6%	70.1	77.8%	77.7%	33.3%
# urine cultures		7.0	10.0	4.0	4.0	0.0	0.0	3.0
C. Difficile (FA)		1.0	0.0	1.0	0.0	0.0	1.0	0.0

AN&R- Results

Antibiotic Prescriptions	ANR 2016	ANR-2017 Q1	ANR-2017 April	ANR-2017 May	ANR-2017 June	ANR-2017 July	ANR-2017 August	ANR-2017 September
Total antibiotic courses of therapy	367	84	28	21	22	25	29	26
New antibiotic prescriptions	242	64	22	14	12	14	22	13
Total days of treatment (NP)	1678	450	135	92	58	59	137	69
Average duration	7	7.0	6.1	6.6	4.8	4.2	6.2	5.3
% met criteria	23.3%	865%	72.7%	78.6%	83.3%	78.6%	90.9%	100
# urine cultures		18	10	2.0	2.0	6.0	4.0	4.0
C. Difficile (FA)	3	1	0	0	0	0	1	0

WV-Results

Antibiotic Prescriptions	WV 2016	WV-2017 Q1	WV-2017 April	WV-2017 May	WV-2017 June	WV-2017 July	WV-2017 August	WV-2017 September
Total antibiotic courses of therapy	79	22	7	3	3	5	4	2
New antibiotic prescriptions	59	18	6	3	1	4	3	1
Total days of treatment (NP)	414	124	37	15	3	22	19	5
Average duration	7	6.8	6.2	5.0	3.0	5.5	6.3	5.0
% met criteria	64.4%	75%	66.6%	100.0%	0.0%	75%	33%	100%
# urine cultures								
C. Difficile (FA)					0.0	0.0	1	0.0

Antibiotic Stewardship-Reporting

- Report results to QI team
- Report results to Prescribers
- Always seek to improve based on determined expectations
- If no improvement in performance
 - Understand why
 - Alternative approaches
- Get excited about positive results
- Share these results with all that will listen.
- Use positive results to "sell" your Facility to insurers

Resources for Antibiotic Stewardship

- www.ahrq.gov
 - Antibiotic Stewardship Toolkit
- www.cdc.gov/longtermcare/index.html
 - Core Elements of Antibiotic Stewardship for Nursing Homes

THANK YOU!

QUESTIONS?