



# I'm Still Here™: Montessori-Based Activities for Dementia

June 12-13, 2012

Provided by:  
New Jersey Hospital Association

Location:  
New Jersey Hospital Association  
760 Alexander Road, Princeton

## PROGRAM OBJECTIVES

This course focuses on *I'm Still Here*™: Hearthstone's Montessori-Based Activity Program (MAP), an innovative method of working with persons living with cognitive impairments based on the educational philosophies of famed childhood educator Maria Montessori. This methodology has been researched for over 15 years by Dr. Cameron Camp and has been shown to significantly increase levels of engagement, participation, satisfaction, success and quality of life for persons living with dementia. Participants in this course will learn the fundamental principles of this methodology, in addition to the application of these principles using real-life examples drawn from their use at Hearthstone's treatment residences.

At the conclusion of this activity, participants should be able to:

- Describe dementia and how it affects the brain
- List ways that participation in activities may be helpful to a person with dementia
- Assess persons with dementia to determine if they are appropriate for Montessori-based programming
- Cite the basic principles of Montessori-based programming

- Evaluate the Montessori method and its usefulness in working with persons with dementia
- Recognize the evaluation tools to measure engagement
- Plan individualized lessons based on Montessori principles for persons with dementia
- Discuss principles of group programming strategies based upon Montessori principles
- Review how to restructure current activities to be Montessori based
- Develop a transition plan to initiate implementation of Montessori-based programming.

## WHO SHOULD ATTEND

Those who provide care or companionship to persons with memory impairment including: nurses, activity professionals, CNAs, home healthcare workers, social workers, occupational/physical therapists and facility administrators. The Day One seminar provides an overview for administrators, supervisors and others who do not need instruction on implementation. Both days of training would be beneficial for direct care workers.

## DAY ONE IS REQUIRED FOR ALL DAY TWO PARTICIPANTS.

(OVER)

New Jersey Hospital Association



NJHA Healthcare Business Solutions is proud to be the sponsor of the NJHA/HRET educational programs.

## REGISTRATION INFORMATION

Fees: \$125 ea. Day One  
\$325 – Both Days  
Includes continental breakfast, lunch and materials.

▪ **Payment by credit card or check is required along with this registration form in order to be registered. Faxed copies of check will not be accepted.**

▪ Registrations will be accepted by FAX at 609-275-4271 **ONLY IF ACCOMPANIED BY** credit card information (MasterCard, VISA or American Express).

▪ Make checks payable to: HRET of NJ

▪ Mail to: Educational Services  
HRET of NJ  
P.O. Box 828691  
Philadelphia, PA 19182-8691

If your check is being processed you may use a credit card to hold your registration. Please write "HOLD ONLY" by the credit card information. **Credit card will be charged if check is not received by the date of the conference.**

**I AGREE TO THESE TERMS.**

- Cancellations received by **June 1** will receive a refund minus a \$50 per person service fee. Cancellations received after that date will not be eligible for a refund.
- Registrants unable to attend may send an alternate.
- **No confirmation will be sent.**
- For brochures or a calendar of upcoming seminars go to <http://www.njha.com/index.aspx>.

**FOR MORE INFORMATION, OR IF YOU HAVE A DISABILITY AND NEED A SPECIAL ACCOMMODATION, PLEASE CALL 609-275-4180 or 4181.**



## CONTINUING EDUCATION CREDITS

HRET-NJHA is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA. P#131-5/11-14.

This activity is approved for 6.25 contact hours for Day 1 and 6.0 contact hours for Day 2.

This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) education credits accepted by the Nursing Home Administrators Licensing Board. This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for LNHA/CALA credits. 6.25 for Day 1 and 6.0 for Day 2.

This activity has been approved for 12.0 hours of credits for Recreation Therapists by NCCAP. Participants must attend both days to receive credit. No partial credit will be given.

An application for social work credit has been submitted to NASW-NJ

There is no commercial support for this activity.

Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's COA of any commercial products displayed in conjunction with an activity.

Disclosure information: Full disclosure will be provided at the educational activity.

## PROGRAM SCHEDULE

### Day One – June 12

- 8:00 *Registration and Continental Breakfast*
- 8:30 **Introduction/Overview**
- 8:45 **The Importance of Activities**
- 9:15 **Understanding Dementia**
- 9:45 *Break*
- 10:00 **Memory and Reading Ability**
- 12:00 *Networking Luncheon*
- 1:00 **Introduction to MAP**
- 2:15 *Break*
- 2:30 **MAP Principles**
- 4:00 *Questions and Answers/Adjournment*

### Day Two – June 13

- 8:00 *Continental Breakfast*
- 8:30 **Review of Day One**
- 9:15 **Evaluation Tools**
- 10:00 *Break*
- 10:15 **Montessori Demonstration and Role Play**
- 12:00 *Networking Luncheon*
- 1:00 **Discussion and Creation of Montessori Activities**
- 2:30 *Break*
- 2:45 **Action Planning for Montessori Programming**
- 3:30 **Conclusion and Q&A**
- 3:45 *Adjournment/Evaluation*

## FACULTY

**Michael Skrajner**

Director, Research and Program Development  
Hearthstone Alzheimer Care

For directions visit NJHA on the Web at  
<http://www.njha.com/directions.aspx>.  
for a detailed map.

Visit [www.HRET-Register.com](http://www.HRET-Register.com) to register  
online with a credit card.

## REGISTRATION (Please Type or Print Clearly)

Name (as it should appear on badge)

Title

Phone

Fax

E-mail address

Hospital/Firm

Street

City

State

Zip

### PAYMENT METHOD

Amount: \$ \_\_\_\_\_

Check

MasterCard

VISA

Amex

Card #

Expiration Date

Print Name (as it appears on card)

Signature

### Check the session(s) you wish to attend:

June 12

Both days