Tools for Addressing Difficult End-of-Life Conversations

Nov. 3, 2010

Sponsored by:
New Jersey Hospital Association

Location:
New Jersey Hospital Association
760 Alexander Road, Princeton

PROGRAM OBJECTIVES
In New Jersey, patients at the end of life are treated with more aggressive medical care than in any other state in the U. S. Too often, this is a result of poor communication between patients and their families and their healthcare providers, especially around issues of the burdens and benefits of care at the end of life.

One area that needs to be addressed more effectively is communication between members of the healthcare team and the patient and his/her family. This requires a skill set most of us have never been trained on and discussions that may make us uncomfortable. Participants at this program will be able to:
- Recognize barriers to difficult end-of-life discussions
- Review a model of advance care planning
- Learn techniques for discussing difficult issues
- Understand the evidence behind routine family meetings
- Identify a model for discussing a prognosis and decisions about life-sustaining treatments

WHO SHOULD ATTEND
Physicians. Vice presidents of medical affairs, nursing and other healthcare professionals who are involved with the care of patients at the end of life.

CONTINUING EDUCATION CREDITS
HRET is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians. HRET designates this educational activity for a maximum of six AMA PRA Category 1 Credit(s). TM

Physicians should claim credit commensurate with the extent of their participation in the activity.

HRET is an approved provider of continuing nursing education by NJSNA, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. P131-4/08-11. This program qualifies for six contact hours.

REGISTRATION INFORMATION
Fees:
NJHA Hospital, Institutional and Business Member: $185 ea.
Non-member: $275 ea.
Includes continental breakfast, lunch and materials.

- Payment by credit card or check is required along with this registration form in order to be registered. Faxed copies of check will not be accepted.
- Registrations will be accepted by FAX at 609-275-3721 ONLY IF ACCOMPANIED BY credit card information (MasterCard, VISA or American Express).
- Make checks payable to HRET of NJ
- Mail to Educational Services HRET of NJ P.O. Box 828691 Philadelphia, PA 19182-8691

If your check is being processed you may use a credit card to hold your registration. Please write “HOLD ONLY” by the credit card information. Credit card will be charged if check is not received by the date of the conference.

I AGREE TO THESE TERMS.

- Cancellations received by Oct. 25 will receive a refund minus a $50 per person service fee. Cancellations received after that date will not be eligible for a refund.
- Registrants unable to attend may send an alternate.
- No confirmation will be sent.
- For brochures or a calendar of upcoming seminars go to http://www.njha.com/index.aspx.

FOR MORE INFORMATION, OR IF YOU HAVE A DISABILITY AND NEED A SPECIAL ACCOMMODATION, PLEASE CALL 609-275-4180 or 4181.
PROGRAM SCHEDULE

8:00 Registration/Continental Breakfast

8:30 Welcome and Introductions
   Aline Holmes, RN, APNC, MSN, BC
   Senior Vice President, Clinical Affairs
   New Jersey Hospital Association

8:45 Nightmare Scenarios in Discussing End-of-Life Care
   Focusing on the barriers to discussing end-of-life care, learners will share their
   most difficult cases – failures, missed opportunities, emotionally tense
   experiences – and will view and discuss one attempt, modeled for the entire
   group, to deal with such situations.

9:45 Communication Skills in Advance Care Planning
   A review of current literature on advance care planning, presentation of a structure
   for such discussions and a demonstration of some key communication skills.

10:45 Break

11:00 Discussing Life-Threatening Illness: Patient Interview
   Through a live interview of a patient, modeling a favored technique for
   teaching communication skills, this session introduces two core values:
   letting patients be our teachers and learning to deepen the interview through
   careful listening and questioning.

12:30 Networking Luncheon

1:30 What Makes for a Successful Family Meeting?
   This session reviews the extensive literature on family meetings in end-of-life care and identifies key strategies and
   skills for successful meetings.

2:30 Confictual Family Meetings in the ICU
   This session focuses on challenging family meetings where difficult decisions can arise. A role play, followed by a
debriefing session and review, will highlight the skills required for such meetings and provide selected strategies
for dealing with common challenges.

4:00 Adjournment

FACULTY
J. Andrew Billings, MD
Director, Palliative Care Service
Massachusetts General Hospital
Associate Professor of Medicine
Co-Director, Harvard Medical School Center for Palliative Care

Susan D. Block, MD
Chair, Department of Psychosocial Oncology and Palliative Care
Dana-Farber Cancer Institute
Brigham and Women’s Hospital
Professor of Psychiatry and Medicine
Co-Director, Harvard Medical School Center for Palliative Care

Visit www.HRET-Register.com to register online with a credit card.