Pressure ulcers are a common, serious and significant healthcare occurrence in the frail and elderly, causing pain, disfigurement and slow recovery from co-morbid conditions, as well as interfering with activities of daily living. Pressure ulcers are strongly associated with mortality and lengthy stays in acute, post-acute and long term care settings.

Every year, pressure ulcers affect over 1 million patients and residents in hospitals and nursing homes. Costs associated with pressure ulcer treatment exceed $1.335 billion and of that, more than $355 million is spent on treatment in the long term care setting. While financial costs associated with pressure ulcers are high, the human toll of pain, depression, altered self-image, stress, infection and increased mortality and morbidity is immeasurable. Hospital-acquired pressure ulcers are associated with a greater risk of death within one year of hospitalization.

Pressure ulcers are one of the healthcare-acquired conditions being targeted in the national campaign to reduce harm, and in N.J. will be building on the great work that has been completed to date.

Objectives:

- To understand and discuss current best practices for staging pressure ulcers
- Identify infectious aspects of chronic wounds including infection control, and discuss strategies to decrease the incidence of infections in pressure ulcers for patients across the continuum of care
- To define interdisciplinary collaborative processes for the prevention of post-operative heel pressure ulcers
- Analyze the National Pressure Ulcer Advisory Panel (NPUAP) development of a uniform terminology, test methods and reporting standards for support surfaces and provide an objective means to improve the understanding of the importance of support surfaces

Target Audience:

Physicians. Nurses, long term care, quality, patient safety, pharmacy and risk management.
Continuing Education Credits:

Accreditation Statement:
HRET is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

AMA Credit Designation Statement:
HRET designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HRET-NJHA is an approved provider of continuing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P#131-5/11-14. This activity is approved for a maximum of 6.25 contact hours.

There is no commercial support for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's Commission on Accreditation of any commercial products displayed in conjunction with an activity.

Disclosure information: Full disclosure will be provided at the educational activity.

This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) education credits accepted by the Nursing Home Administrators Licensing Board (NHALB). This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for 6.25 LNHA/CALA credits.

Application for pharmacy credits has been submitted to the N.J. Board of Pharmacy. Credits pending.
7:30  Registration

8:00  Welcome and Overview

Nancy E. Shafer Winter, MSN, RN, NE-BC
Clinical Quality Improvement Manager
New Jersey Hospital Association

Shannon Davila, MSN, RN, CIC, CPHQ
Clinical Quality Improvement Manager
New Jersey Hospital Association

8:15  Pressure Ulcer Prevention – What’s New

Elizabeth A. Ayello, PhD, RN, ACNS-BC, CWON, MAPWCA, FAAN
Clinical Editor, Advances in Skin & Wound Care
Faculty, Excelsior College, School of Nursing
Co-Director and course coordinator, IIWC - NYU
Senior Adviser, The John A. Hartford Institute for Geriatric Nursing
President, Ayello, Harris & Associates, Inc

9:15  Heel Pressure Ulcer Prevention in the Hospitalized Patient

Barbara Delmore, PhD, RN, CWCN, DAPWCA
Clinical Nurse Specialist
NYU Langone Medical Center, Tisch Medical Center

10:15 Suspected Deep Tissue Injury (SDTI): Challenges and Solutions

Karen Zulkowski, DNS, RN, CWS
Associate Professor, Montana State University-Bozeman
Faculty, Excelsior College, School of Nursing
Program continues...

11:30  Networking Lunch (Optional)

12:30  Infectious Aspects of Chronic Wounds Including Infection Control

Jeffrey M. Levine, MD  
Beth Israel Medical Center, Petrie Division  
Center for Advanced Wound Care  
Assistant Clinical Professor of Medicine  
Albert Einstein College of Medicine

1:30  A Journey Toward Excellence: Preventing Pressure Ulcers - The PMC Strategy

Fay Spragley, DNP, RN, APN-BC, CCRN  
Clinical Coordinator/Nurse Practitioner  
Palisades Medical Center  
Advantex Associate Professor  
Borough of Manhattan Community College

1:50  Pressure Ulcers Staging Workshop

Karen Zulkowski, DNS, RN, CWS  
Associate Professor, Montana State University-Bozeman  
Faculty, Excelsior College, School of Nursing  

Nancy E. Shafer Winter, MSN, RN, NE-BC  
Clinical Quality Improvement Manager  
New Jersey Hospital Association

2:45  Development and Implementation of a Universal Transfer Form: The New Jersey Journey Toward Improved Transitions

Theresa Edelstein, MPH, LNHA  
Vice President  
Post-Acute Care Policy and Special Initiatives  
New Jersey Hospital Association

3:15  Questions, Evaluation

3:30  Adjournment
NJHA’s Partnership for Patients
An Update on Pressure Ulcer Prevention and Care

June 28, 2013

REGISTRATION INFORMATION

Networking Luncheon (Optional) □
Fee: $40 ea.

- Make checks payable to: HBS
- Mail to: HBS
  P.O. Box 828709
  Philadelphia, PA 19182-8709

- Registrants unable to attend may send an alternate.
- **No confirmation will be sent.**
- For more information or if you have a disability and need special accommodations, please call 609-275-4180 or 4181.
- Please note: Parking is in rear of building.

In the event of inclement or questionable weather conditions, please call 609-275-4140 for meeting information.


To register online or pay for your luncheon, please go to [http://www.njha.com/education/](http://www.njha.com/education/)

REGISTRATION (Please Type or Print Clearly)  Seminar #1347 (Ulcers) Networking Luncheon Fee: $40

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