

## PARTNERSHIP FOR PATIENTS- NJHIIN UPDATES

### Maternal Health Awareness Day

New Jersey's first Maternal Health Awareness Day - believed to be the first of its kind nationally - was celebrated Jan. 23. During the past year, New Jersey successfully passed legislation recognizing the importance and awareness of women's health. Maternal Health Awareness Day will be honored on this date every year.

In New Jersey, pregnant women and new mothers die at a rate above the national average, according to the United Health Foundation's America's Health Rankings. The New Jersey Maternal Mortality Case Review Team found that African-American women are five times as likely as their white counterparts to die from pregnancy-related complications, according to the Department of Health. The leading causes of pregnancy-related death include cardiovascular disease, pregnancy-related heart failure, embolism, septic shock and cerebral hemorrhage. Factors that may contribute to maternal deaths include obesity, chronic health conditions such as diabetes and hypertension, lack of prenatal care and drug use.

To aid in these efforts, NJHA and the DOH have joined together in partnership under the New Jersey Perinatal Quality Collaborative, after being awarded a five-year cooperative agreement from the Centers for Disease Control and Prevention. Together, we will lead a statewide collaborative effort to reduce complications associated with high blood pressure and hemorrhage, and reduce racial/ethnic and geographic disparities. For more information on this collaborative and its efforts, listen to the previously recorded webinars listed below:

- Dec. 6, 2017 - [Onboarding AIM Webinar](#)
- Jan. 29, 2018 - [AIM Data and Resources Webinar](#)

### HENtrack DATA REMINDER

Please remember to enter your January 2018 data for the following areas of harm:

- Adverse Drug Events - Warfarin Events
- Falls and Pressure Ulcers (*for those hospitals that do not submit to NDNQI*)

**Link to HENtrack data portal:**

<https://hentrack.njha.com/Account/Logon>

*(Please enter data going back to January 2015 so we may have a continuous trend of your progress.)*

## SPOTLIGHT ON SAFETY

### CarePoint Health – Hoboken University Medical Center's Mother- Baby-Family-Friendly Program

CarePoint Health-Hoboken University Medical Center is highlighting their efforts to provide exceptional care to their patients by striving to embody the principles of a mother-baby-family-friendly hospital. They are able to do so by incorporating the following five principles:



- Normalcy of the birthing process
  - Empowerment
  - Autonomy
  - Do No Harm
  - Responsibility

Over the past year, CPH-Hoboken University Medical Center has made many improvements in quality, outcomes and service that were guided by the principles of mother-friendly initiatives.

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In 2017, increased services were dedicated towards these initiatives:

- Midwives on staff
- Doulas available
- Newborn photography on site
- Birthing toys like balls and rollers
- Water labor and water birth
- Lactation consultation available 24/7 that works with the new parents within a half hour after birth
- Nitrous oxide for pain relief, thus decreasing epidural rates
- Gentle (or natural) C-section, which allows parents to feel more involved with the birth
- Increased skin-to-skin, allowing for uninterrupted skin contact immediately after birth, even for C-section deliveries, rose from 45 percent to 75 percent, with a goal of 100 percent for 2018, and
- Increased rooming in to more quickly establish the bond between the parent and child, rose from 50 percent to 80 percent, with a goal of 100 percent in 2018.

CarePoint Health-Hoboken University Medical Center's goals for 2018 are to further promote natural birth and ensure that they educate staff, providers and patients. They will continue with offering free prenatal classes and pampered pregnancy coaching. The hospital plans to enhance the Maternal Child Health Unit Practice Council and MCH Interdisciplinary Quality Committee to ensure sustainability of achievements, and they will continue to meet the best practice standards of low induction, episiotomy rate and low early C-section rates.

CarePoint Health-Hoboken University Medical Center is proud of their success and will continue to improve as they continue their journey to safety and high reliability.

## MEET YOUR NJHA HIInnovators!



### Taban Khan, MSPH

Taban Khan joined NJHA's Health Research and Education Trust in Princeton this January. She works under the Hospital Innovation Improvement Network and will coordinate the Pressure Ulcers/Injury Learning Action Collaborative, assist with the

Medicaid Readmissions Collaborative, develop resources for limited-English proficient patient and family engagement and contribute to current projects under the Partnership for Patients initiative.

Taban has worked on various public health and communication projects. While at Rutgers University for her undergraduate studies, she worked on a documentary film at the Rutgers Film Bureau educating audiences about the Long-term Ecological Research Project and the impact of climate change on wildlife. In her senior year, she researched marketing strategies of tobacco companies at the Rutgers Center for Tobacco Studies.

After her graduation in 2014, she worked at Mathematica Policy Research, collecting nutritional data from school nutrition managers across the states for the School Nutrition and Meal Cost Study. Her most recent experience was at the United Nations Development Programme where she interned at the Office of South-South Cooperation, assisting with research, communications, and partnerships on global projects in the health and development sector.

Taban graduated in August 2017 with her Masters of Science in Public Health from Johns Hopkins Bloomberg School of Public Health. Aside from her public health work, she enjoys filmmaking, photography, traveling and knitting.

## UPCOMING NJHIIN OFFERINGS

All face-to-face learning session brochures can be accessed by visiting our website at

<http://www.njha.com/education/education-calendar/>

### Webinars

\*\* To register for webinars, visit [njha.webex.com](http://njha.webex.com) and go to "Institute for Quality and Patient Safety" \*\*

Call-in numbers for all webinars:

1-877-668-4490 / 1-408-792-6300

#### Falls TIPS Collaborative

Presenter: Patricia C. Dykes, PhD, RN, FAAN, FACMI, sr. nurse scientist, program dir., Center for Patient Safety Research and Practice; program director, Center for Nursing Excellence, Brigham & Women's Hospital

- Feb. 6, 12 noon EST
  - "Falls TIPS Collaborative: Coaching Webinar"
- Mar. 7, 12 noon EST
  - "N.J. Fall Prevention Collaborative: Coaching Webinar"

#### NJHA Antimicrobial Stewardship Collaborative

- Feb. 8, 12 noon EST
    - "NJHA Antimicrobial Stewardship Collaborative"
- Presenter: Melinda Neuhauser, PharmD, MPH, FCCP, CDC's Division of Healthcare Promotion and Safety

## In Case You Missed It

To access the select previously recorded webinars, click on the links below:

- Jan. 9 – Falls TIPS Collaborative – STEADI Toolkit – [PLAY RECORDING](#)
- Jan. 10 – NJ Sepsis Learning-Action Collaborative Webinar: Battling Sepsis with the CHOP NICU Team – [PLAY RECORDING](#)
- Jan. 11 – NJHA Antimicrobial Stewardship Collaborative Webinar – [PLAY RECORDING](#)
- Jan. 23 – NJHIIN Collaborative to Reduce Medicaid Readmissions Kick-off Webinar – [PLAY RECORDING](#)
- Jan. 30 – Opioid Misuse Series: Adolescents and Pain Management Webinar – [PLAY RECORDING](#)
- Feb. 1 – NJHIIN Collaborative to Reduce Medicaid Readmissions Pre-Work Coaching Webinar – [PLAY RECORDING](#)